

28th Annual Central States Masters Track Weekend



Penguin Bicycle Club

Washington Park Velodrome - Kenosha, Wisconsin Saturday, July 13, 2013 - Rain Date Sunday, July 14

INDIVIDUAL TIME TRIAL

Track or Road bike,

Fix or Freewheel gear,

No shifting gears once bicycle is moving. Flying 200 Meters

500m

30011

Kilo

2k Individual Pursuit

3k Individual Pursuit

SPRINTS 2-laps

Track fix gear bikes only Flying 200m to sort heats

Heats of 2 to 4 riders - Finals 2 riders

POINTS race – mass start

Track fix gear bikes only 3 events minimum:

Women

Men 30-59

Men 60-80+

TEAM SPRINT – 3 riders &TEAM PURSUIT 3 or 4 riders

Team members must use same type Fix or Free gearing

REGISTRATION TIME: 8:00am **RACING STARTS:** 9:00am **REGISTRATION FEE:**

\$20 flat fee for one or all individual events or \$5 per event.

\$10 per Team for

Team Pursuit & Sprint.

This is an ABR Sanctioned Event. Annual Membership for \$25.00 or One Day Membership for \$5. One One-Day Membership will work for the entire weekend. Purchase at registration on day of event.

AGE GROUPS and EVENTS: Entry is limited to Your Exact Racing Age					
Race Class	Flying Time Trial	Sprint	Time Trial	Pursuit	Point Race
Women Master 30-39	200m	Sprints	500m	2k	10k
Women Master 40-49	200m	Sprints	500m	2k	10k
Women Master 50-59, 60-64, 65-69, 70+	200m	Sprints	500m	2k	10k
Master 30-39	200m	Sprints	1k	3k	10k
Master 40-49	200m	Sprints	1k	3k	10k
Master 50-59	200m	Sprints	500m	2k	10k
Master 60-64	200m	Sprints	500m	2k	10k
Master 65-69, 70-74, 75-79, 80+	200m	Sprints	500m	2k	10k
Team Sprint - 3 riders		1k	any combination gender or age 30-80+		
Team Pursuit - 3 or 4 riders		4k	any combination gender or age 30-80+		

AWARDS:

Five places each 5 year age group per event.

Custom Awards made after the event with your name.

Presented at the Wisconsin / Illinois Bicycle Assn. Race Banquet, November

KENOSHA BICYCLE TRACK is at 2125 Washington Road, Washington Road & 22nd Avenue, Kenosha, Wisconsin. Take I-94 to Exit 142 (S) (Washington Rd) go East on Washington Rd to 22nd Ave., Right on 22nd Ave. & go ½ block and turn left into parking lot. Go to back of lot.

FURTHER INFORMATION: Contact Preston Hamilton, 773-685-8750,

email: Preston_Hamilton@msn.com

LOCAL MOTEL: Super 8, I-94 Exit 344 Hwy 50, Kenosha, WI, Tel: 262-857-7963 (about 5 miles from track)