



THE 2011

# Fall Fling Stage Race



**OVER \$6,000 IN CASH & PRIZES**

**OVERALL PRIZE: ONE CLUB WILL WIN \$2,000 CASH!**



Saturday, Sept. 24: Pella Factory Criterium  
Sunday, Sept. 25: Maple Park Time Trial  
Saturday, Oct. 1: DuPage Tech Park Circuit Race  
Sunday, Oct. 2: Wood Dale Circuit Race



**The top 8 finishers from each club on each day will earn overall points.**

**Daily prizes lists have been increased and more cash prizes!**

**Visit [www.ABDcycling.com](http://www.ABDcycling.com) for full prize details**

A minimum of three riders per field required in order to be eligible for prizes.

Promoter reserves the right to combine fields and/or prize lists based on participation.

***Your last chance to secure ROTY Points: Rider of the Year Points awarded at ALL events!***

**Pre-register by 9/19/11 and race all FOUR events for just \$95!**

See reverse side for registration information

**SATURDAY, SEPT. 24: PELLA FACTORY CRIT**

|          |  |                 |
|----------|--|-----------------|
| 9:00 am  | Category 5 Beginner Men                                      | 10 laps         |
| 9:40 am  | Masters 60+,65+,70+,75+,80+                                  | 30 min + 1 lap  |
| 10:20 am | Women 4 & Cat5/Beginner Women,<br>Masters Women 40/50/60/70+ | 30 min + 1 lap  |
| 11:05 am | Masters 50/55+ & Women 1,2,3                                 | 35 min + 2 laps |
| 11:55 am | Category 4   | 40 min + 2 laps |
| 12:50 pm | Category 4/5 40+ only  | 40 min + 2 laps |
| 1:45 pm  | Cat 1/2, Cat 3 & Masters 40+ (1/2/3)                         | 60 min + 3 laps |

Flat .8 mile, 4-corner course

Directions: From the City/Suburbs: Route 38 west past the city of West Chicago. Left on Fabyan Pkwy. Left on Enterprise Blvd.

Registration opens at 8:00 am.

**NO WARMING UP ON FABYAN PKWY!**

**SUNDAY, SEPTEMBER 25: MAPLE PARK TIME TRIAL**

Registration opens @ 7:30 AM.

First rider off at 9:01

Registration will be held in the basement of the Civic Center @ 302 Willow Street, Maple Park, IL

**PLEASE RESPECT ALL NO PARKING SIGNS AND LOCAL TRAFFIC!**

Course: 9.5 mile course with two turnarounds.

Directions:

From I-88: I-88 to Orchard Rd. North on Orchard to Randall Rd. Left on Randall (North) to Route 38 (Roosevelt Rd.) West on Route 38 to County Line Road. Right on County Line Road. Follow Parking Signs.

From I-39: I-39 to I-88. East on I-88 to Exit #65. North on Peace Road to Route 38 (Roosevelt Rd.) Right on Route 38. Left on County Line Rd. Follow Parking signs.

**SATURDAY, OCTOBER 1 -**

**Your Longest Day of Racing + Kids' Races in West Chicago!**

|                |   |                  |
|----------------|---|------------------|
| 9:00 am        | Category 5 Beginner Men   | 7 laps / 12.7 mi |
| 9:45 am        | Masters Men 60+,65+,70+,75+,80+<br>Women 4 & Cat5/Beginner Women,<br>Masters Women 40/50/60/70+ | 8 laps / 14.5 mi |
| 10:30 am       | Masters 50/55+ & Women 1,2,3  | 15 laps/ 26.7 mi |
| 11:50 pm       | Cat 4 & Cat 4/5 40+ (starting separately)   | 14 laps/ 25 mi   |
| <b>1:00 pm</b> | <b>KIDS RACES - FREE!</b>   | <b>Various</b>   |
| 1:15 pm        | Cat 1/2, Cat 3 & Masters 40+ (1/2/3)  | 25 laps/45 mi    |

1.8 mile rolling loop in the DuPage Technology Park

Located just north of Fabyan Parkway and the stage 1 course.

Directions: Follow 9/24 direction for parking at Pella. **NOTE: Course is across Fabyan Parkway from Pella, cross at stoplight only.**

**SUNDAY, OCTOBER 2 - The fun-filled finalé in Wood Dale!**

|          |   |               |
|----------|---|---------------|
| 9:00 am  | Category 5 Beginner Men   | 7 laps        |
| 9:40 am  | Masters Men 60+,65+,70+,75+,80+<br>Women 4 & Cat5/Beginner Women,<br>Masters Women 40/50/60/70+ | 30 min+1 lap  |
| 10:50 am | Masters 50/55+ & Women 1,2,3  | 40 min+2 laps |
| 11:45 pm | Cat 4 & Cat 4/5 40+ (starting separately)   | 45 min+2 laps |
| 12:45 pm | Cat 1/2, Cat 3 & Masters 40+ (1/2/3)  | 75 min+3 laps |

The combined Wood Dale course! A challenging 2 mile loop in the Oakwood Business Park at Mittel Drive and Wood Dale Road!  
Directions: Take 290 to Thorndale Road. Exit Thorndale and head East to Wood Dale Rd. Head South on Wood Dale Rd. to Mittel and go right to parking.

**Pre-register for all four races by 9/19/11 for just \$95 (Save \$25!), \$50 Pre-Reg for Juniors!**

Register Online @ [www.Active.com](http://www.Active.com). Other fees: \$25/race, \$20 for 2nd race each day. \$15 for Juniors (racing in a Senior category), .

**\$5 Late Fee per race if registering within one week of an event or on-site!**

To pre-register by mail: send 2011 Fall Fling Waiver and check payable to: ABD Cycle Club c/o PPC, 122 W. Wilson, Batavia, IL 60510