

*Pittsburgh Masters Velo Club and Iron City Bikes Presents the Tenth Annual*



FRIDAY NIGHT AT THE TRACK, 2011

TIME TRIALS and TRACK RACES

**WASHINGTON BLVD. 1/2 MI. BICYCLE OVAL  
HIGHLAND PARK, PITTSBURGH, PA**

**JUNE, JULY, AUGUST 2011**

**SCHEDULE (SUBJECT TO CHANGE; CHECK WITH THE ORGANIZER):**

**JUNE 3: 5 MI. TT**

**JULY 1: 15 MI. TT**

**AUG. 5: 10 MI. TT**

**JUNE 10: TRACK**

**JULY 8 TRACK**

**AUG. 12: TRACK**

**JUNE 17: 10 MI. TT**

**JULY 15: 20 MI. TT**

**AUG. 19: 25 MI. TT**

**JUNE 24: TRACK**

**JULY 22: TRACK**

**AUG. 26: MASTERS**

**JULY 29: 25 MI. TT**

**CRITERIUM. DETAILS**

**TO FOLLOW**



**Registration.** To save time and money, and to estimate your starting time, pre-register and pre-pay at <<http://www.BikeReg.com>>. Event Entry Fee is \$10 + \$2.40 BikeReg surcharge. Day-of-Race Registration is \$10+\$5 late fee. Pre-registration is open until 11:59 pm the day before the race.

**Fees** covers ABR sanction, insurance, city permit, Pittsburgh city per-rider surcharge, officials.

**Categories:** Open (3-5 places, depending on registration). Women (if 3 or more participants, 1 place minimum). Men 50+ (if 5 or more participants, 2 places minimum).

**Flight 1** (20 riders, all classes) will start at 6:30. **Flight 2's** starting time will be posted on BikeReg week by week. Day-of-Event registrants will be started wherever there are places available.

PRINT OUT AND FILL IN, BUT DO NOT DATE, TWO ABR AND PITTSBURGH RELEASE FORMS AND BRING WITH YOU TO YOUR FIRST EVENT. See FORMS under <http://polish.slavic.pitt.edu/pmvc/>. You do not have to be a member of the ABR or USA Cycling to participate.

TIME-TRIAL BICYCLES: Front and Rear Brakes Required. No single speeds in Time Trials, fixed wheel or otherwise (because of past safety problems). Aero bars and other aero equipment are allowed. But keep your head up and your eyes open. The track can get crowded. Special course rules in effect, including time penalties for drafting, will be explained by the Chief Official and must be followed.

IMPORTANT!!! ALL TT BICYCLES SHOULD HAVE A WORKING CYCLOCOMPUTER SET TO MILES. COMPUTERS WILL BE CHECKED BEFORE AND AFTER THE EVENT

WARM-UP 6:00 TO 6:25. FIRST RIDER OFF AT 6:30.

TRACK BICYCLES: Single fixed wheel with lockring. Drop handlebars. No brakes or left-over brake parts allowed. Front wheels can have quick-release. Equipment subject to inspection and rejection by Chief Referee. This includes sew-up tires, which had better be well glued. For description of track events, see <http://polish.slavic.pitt.edu/pmvc/TrackEvents.html>.

TRACK RACING RULES: Where applicable, track events will abide by the rules of the Federation of Independent Associations of Cycling. Please read them at <http://polish.slavic.pitt.edu/pmvc/FIAC-ABRTrackRules.pdf>.

Announced events subject to change at discretion of organizer. Events will be cancelled in case of steady rain. For latest information: Oscar Swan: 412-521-2207. [swan@pitt.edu](mailto:swan@pitt.edu), Stephanie Swan; 412-432-8428.

**RESULTS AND RECORDS ARE POSTED AT:  
<[HTTP://POLISH.SLAVIC.PITT.EDU/PMVC](http://polish.slavic.pitt.edu/pmvc/)>**