



# 2011 FIAC NATIONAL CHAMPIONSHIP

## 4-Person

### 55k TEAM TIME TRIAL

(4 person maximum – 3 person minimum per team)

Sponsored By  
**PYOC /  
RRB  
Racing  
Team**

#### CLASSES:

##### Open to Women Only

Women Elite (category open)

Women age 40+

Women age 50+

Women age 60+

##### Open to both Genders and any combination of both genders

Elite (category open)

Junior Open, (age 18 & under)

Master age 30+

Master age 40+

Master age 50+

Master age 60+

Master age 70+

##### Special Eddy Merckx Category

(not a FIAC National Championship)

No Aero Bars, Disc wheels, high-profile wheels (38 mm max. rim depth), or TT Framesets.

If only one team is registered in a Race Class, then they will be combined with another Race Class.

(Riders on age group team must be at least the minimum Racing age specified for that age group. Teams may consist of any make up of Men or Women except Women classes are for Women only)

## SATURDAY, SEPTEMBER 10<sup>th</sup>

LaSalle County, south of Leonore, IL

#### THIS IS A TEAM EVENT

Team Riding, Team Confidence, Team Style, Team Smarts & Safety, finish as a Team.

(Finish time is recorded from the leading edge of the front wheel of the third Team member finishing). You are no faster then the slowest team mate at any particular time during the ride!!

Teams may draft within their team but may not draft other teams.

Teams may pass other teams when it is safe to pass.

**ALL RIDERS ON A TEAM >>WEAR IDENTICAL JERSEYS<<**  
MUST WEAR Helmet while riding bicycle.

**Bicycles** must be no more then 2 meters long and 75 cm wide and must have a working brake on each wheel. Basically a Road, Time Trial or Triathlon bike is acceptable.

**First Team Starts:** At **8:31am** and following teams at two-minute intervals thereafter. Start times are assigned in order of postmark or online date and lastly day of event.

One following Support vehicle is allowed, No motor pacing, no interfering or blocking of other teams. Drive far right, allow vehicles to pass. Do Not block road.

#### **Start Line, Registration and Parking area:**

**SS Peter & Paul Parish**, 957 N 17th Rd., Tonica, IL 61370

**Just East of intersection of E 950<sup>th</sup> Rd and E 17<sup>th</sup> Rd**

Please Carpool - Obey Parking Marshal

NOT allowed are Buses, Motorhomes, Trailers or large Trucks.

**Registration Entry Fee:** \$120 (\$60 Juniors) per Team.

**Online registration** go to: [www.GetMeRegistered.com](http://www.GetMeRegistered.com).

Team Captain on race day brings ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms to registration to receive race numbers.

**By mail:** Team Captain mail in ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms with check payable to "American Bicycle Racing"

Mail to ABR, PO Box 487 Tinley Park, IL 60477-0487.

**Registration & number pick up will be available on 9/09 Friday night from 6pm to 10pm at:**

**Smitty's Bar & Grill pavilion in Leonore, IL**

**Day-of Race Registration & Entry Fee:** opens 7:00am      **\$120 per Team**      **Juniors \$60 per Team**

Team Captain on race day brings ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms to registration with entry fee to receive race numbers.

Questions: [abrlund@aol.com](mailto:abrlund@aol.com) 708-532-7204

## **AWARDS:**

To win FIAC or ABR National Jersey and Medals all riders on a Team MUST be an Annual member of ONE of these organizations: ABR, ACA, CBR or OBRA. ABR Annual membership is available Online, by mail or day of event. Will be valid through 2012. ABR Annual membership is \$25 and \$10 for Juniors age 18 and under.

**1st Place:** National Championship jerseys and award medals each class.

**2<sup>nd</sup> through 5<sup>th</sup>** Place award medals.



**Fastest Team prizes are open to all Race Classes, annual and one day members.**

**Fastest Team** (from any race class) cash prize:

1<sup>st</sup> \$240, 2<sup>nd</sup> \$200, 3<sup>rd</sup> \$160, 4<sup>th</sup> \$140, 5<sup>th</sup> \$120, 6<sup>th</sup> \$100, 7<sup>th</sup> \$80

**Fastest Women Team** (all riders on Team must be Women) cash prize:

1<sup>st</sup> \$240, 2<sup>nd</sup> \$200, 3<sup>rd</sup> \$160, 4<sup>th</sup> \$140, 5<sup>th</sup> \$120, 6<sup>th</sup> \$100, 7<sup>th</sup> \$80

10027 Skokie Blvd,  
Skokie, IL 60077

**Course:** Start area is at **SS Peter & Paul Parish**, 957 N 17th Rd., Tonica, IL 61370. **THIS COURSE IS OPEN TO TRAFFIC.** Corner Marshal at each turn and two straight through intersection. Finish line is just south of start line. This is an out and back course on mostly flat Illinois farmland roads consisting of asphalt and chip seal road surface in very good condition. Promoter reserves right to adjust course if conditions warrant. Course Map available race day.

**Directions to course:** Take Interstate 80 to Ottawa exit – IL-23. Go south on IL-23 approximately 10 miles to N 18th Rd, turn right (west) 7.5 miles to E 950th Rd turn left (south) through Leonore go 1 mile South to SS Peter & Paul Parish at 957 N 17th Rd. From North or South take US I-39 to Exit 41 east IL-18 Streator, go 1/4 mile turn Left (North) onto IL-251, go north 4 miles to N17th Rd, turn right (East) onto N17th Rd go 4.5 miles to SS Peter & Paul Parish at 957 N 17th Rd.

**Motels, Hotels, Bed & Breakfast:** In Ottawa and Streator.

**Camping:** Starved Rock State Park in Ottawa.

**Restaurants:** Ottawa, Streator and  
Smitty's Bar and Grill, Leonore, IL.



**Toilets:** Portable Toilets will be available at **SS Peter & Paul Parish**.

1138 Central Avenue  
Wilmette, IL 60091

**Remember:** **WE are Guests. BUT think of this area as your home, your backyard and your Town.**  
**DO NOT STAND IN ROADS, DO NOT BLOCK TRAFFIC.**  
What ever you brought with you take it home with you.

**Leave no trace.**

**Questions:** call 708-532-7204 or email [AmBikeRace@aol.com](mailto:AmBikeRace@aol.com)

**Lastly:** Ride Safe, Look where you are riding, ride no closer to your teammate then you feel comfortable.

**Have FUN**

# Entry, Accident Waiver and Release of Liability <sup>8/11</sup>

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, **THE FOLLOWING ENTITIES OR PERSONS:** American Bicycle Racing, Inc., their directors, officers, employees, volunteers, representatives, committee members, members, and agents, the event holders, event sponsors, event directors, event volunteers; and any other party, municipalities or other public entities connected with this event; (B) indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event, arising out of my traveling to or returning from this event.

I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand it's content.

Signature of entrant \_\_\_\_\_ Today's date \_\_\_\_\_

Name, printed \_\_\_\_\_ ABR Member number \_\_\_\_\_

Name of event FIAC - ABR National Championship Team Time Trial Event Date: September 10, 2011

TEAM Time Trial NAME \_\_\_\_\_ Category entered \_\_\_\_\_

**OR** Age Group entered \_\_\_\_\_ Your age \_\_\_\_\_

Your address \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Your Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Call in case of emergency \_\_\_\_\_ Phone \_\_\_\_\_

## PARENT GUARDIAN WAIVER FOR MINORS (Under 18 Years Old)

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_