



Points awarded: TOI/W  
WIIL Rider of the Year

# 11<sup>th</sup> Annual Barstow 20K Individual Time Trial

Barstow, IL Sunday, May 22, 2011



Presented by Stray Kats Racing

ABR permit #2011-150

## RACE CLASSES

### ABILITY CATEGORIES

Cat. 1-2

Cat. 3

Cat. 4 & 5

Women Open

Women Cat 4 & 5

### AGE GROUPS

Juniors 18 and under

Junior Girls 18 and under

Master 30+

Master 40+

Master 50+

Master 55+

Master 60+

Master 65+

Master 70+

Master 75+

Master 80+

Women 40+

Women 50+

Women 60+

Women 70+

Recumbent/Tandem

## Rain or Shine

**COURSE:** This is same 20k out and back course in Barstow, IL as in past 10 years. Dead Flat following the Rock River, No Turns, can be windy, Turnaround in middle of road. Roads are open to vehicular traffic.

**DIRECTIONS:** Exit off of Rt 5 (turns into I-88) Barstow Rd. Exit is on edge of Silvis. Go 2 miles east on Barstow Rd to Barstow Fire Dept on Left. **DO NOT PARK AT FIRE DEPT.** Park on streets and at Grade School 1 block away.

**REGISTRATION:** Number pick-up and day of race registration at Barstow Fire Dept. Will open at 7:45am

ABR Annual or One day License required.

Purchase day of event.

\$25 Adult Annual – Juniors \$10

One Day \$5.00

**All ABR RULES APPLY**

Date: 5/22/2011

Time: 9:00am

First rider starts 9:01am

Pre-register by 5/20/2011

Online registration at

[www.getmeregistered.com](http://www.getmeregistered.com)

Mail in registration to:

Mail ABR standard Entry/Release Form with entry fee payable to:

Robert Kuttler

3950 Lake Shore Dr., Apt 2328  
Chicago, IL 60613

### Entry Fees:

\$25 ABR member

\$30 non ABR member

- with 1 day license.

\$10 second race

**STARTING ORDER:** Is based on order of registration. First to register is first out. One-minute intervals between starts.

**AWARDS:** Presented in front of Barstow Fire Dept after last rider finishes.

TOI/W Medals awarded five deep in all classes except Juniors & Recumbent/Tandem are three deep.

Points awarded towards 2011 TOI/W overall Season prizes and awards.

ROTY: Points awarded towards Wisconsin \ Illinois Association Rider of the Year (jersey, prizes and awards)

**SRAM.**

Rider of the Year

**COURSE RECORDS:** Bryce Mead 0:25:18.42 @ 29.47mph    Debbie Dust 0:28:47.64 @ 26.05mph

**CONTACTS:** email: [abrlund@aol.com](mailto:abrlund@aol.com) or website [www.ambikerace.com](http://www.ambikerace.com) or call Robert 773-612-2652



Please remember that we are guests of the folks of Barstow and the Barstow Fire Dept.