



2010 John Fraser Memorial Time Trial - Sunday, April 11th

PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)

Today's John Fraser Memorial Time Trial in Maple Park, IL played host to more than 230 competitors - a great turnout for the first outdoor race of the Mid America Time Trial Series (MATTS). Thanks again to all our sponsors, volunteers and cyclists for supporting today's race, as well as the ABD Indoor Time Trial Series.

Fastest Overall Times: Women: Debbie Dust (AWO) @ 22:40.03 Men: Jeffrey Otto (AM40+) @ 20:10.10

Conditions: Race held at Maple Park, IL. Scattered Clouds; 51 deg F; Wind NE @ 13mph; Humidity: 63%; Barometric Pressure 30.30in

Please contact ABD Cycling at abdcycling@gmail.com if you have any questions regarding results.

AM1/2

Place	Category	Last	First	Club	Time
1	AM1/2	Mead	Bryce	Texas Roadhouse	0:20:14.64
2	AM1/2	Polin	David	WDT-Allvoi International Cycling Team	0:21:09.61
3	AM1/2	Jones	Michael	PACT - Dish Network	0:21:14.87
4	AM1/2	Host	James	PACT - Dish Network	0:21:40.60
5	AM1/2	Boba	Tomaz	WDT-Allvoi International Cycling Team	0:21:41.28
6	AM1/2	Reed	David	Elmhurst Masters	0:22:08.64
7	AM1/2	Reed	David	Elmhurst Masters	0:22:12.71
8	AM1/2	Harris	Brian	Verizon Wireless	0:22:32.33
9	AM1/2	Letzel	Thomas	ms Racing	0:23:02.18
10	AM1/2	Jungels	Rob	ABD	0:23:12.06

AM15

Place	Category	Last	First	Club	Time
1	AM15	Witt	Konrad	ABD	0:25:52.68
2	AM15	Redlich	Mj	ABD	0:27:30.60
3	AM15	Schilling	Jacob	Team Mack	0:29:29.84
4	AM15	Stehlik	Jon	ABD	0:30:44.69
5	AM15	Clark	Graham	ABD	0:30:50.91
6	AM15	Hall	Maxx	Smart Cycling	0:31:17.05
7	AM15	Koors	Alex	ABD	0:34:26.14
8	AM15	Kanute	Nick	Multisport Madness Triathlon Team	0:35:06.09

AM15-5k

Place	Category	Last	First	Club	Time
1	AM15-5k	Schilling	Joshua	Team Mack	0:35:56.99

AM16+

Place	Category	Last	First	Club	Time
1	AM16+	Wilkie	Michael	ABD	0:25:42.43



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AM3

Place	Category	Last	First	Club	Time
1	AM3	Bice	Curtis	ABD	0:21:43.28
2	AM3	Allen	Peter	XXX Racing-Athletico	0:22:22.78
3	AM3	Madsen	Dan	ABD	0:22:26.84
4	AM3	Serafin	Mark	Pact-Dish Network-Polska	0:22:54.06
5	AM3	Peterson	Doug	Lamb Little Racing	0:23:14.54
6	AM3	Harrison	Jerome	Unattached	0:23:18.88
7	AM3	Mattson	Ron	Freeport Bicycle Co.	0:23:20.02
8	AM3	Sneddon	James	ABD	0:23:25.20
9	AM3	Kanute	Ben	Multisport Madness Triathlon Team	0:23:32.47
10	AM3	Parrish	Steve	ABD	0:23:40.95
11	AM3	Stodden	Michael	North Branch Cycling Club	0:23:50.89
12	AM3	Deifel	John	Project 5 Racing	0:27:27.40

AM30+

Place	Category	Last	First	Club	Time
1	AM30+	Otto	Jeffrey	RVCC	0:20:20.64
2	AM30+	Swartzendruber	Mark	Scarletfire Racing	0:20:33.91
3	AM30+	Gerlach	Charles	Lamb Little Racing	0:21:02.31
4	AM30+	Allen	Peter	XXX Racing-Athletico	0:22:10.80
5	AM30+	Millard	Francois	XXX Racing-Athletico	0:22:47.32
6	AM30+	Letzel	Thomas	ms Racing	0:22:49.62
7	AM30+	Kubinski	Brian	Team Tri Smart	0:23:15.64
8	AM30+	Bartoszewski	Dave	Unattached	0:23:23.14
9	AM30+	Peterson	Doug	Little Lamb Racing	0:23:29.59
10	AM30+	Torres	Jayson	Little Lamb Racing	0:24:01.87
11	AM30+	Jungels	Rob	ABD	0:24:03.41
12	AM30+	Mstowski	Richard	ABD	0:30:44.36



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AM4

Place	Category	Last	First	Club	Time
1	AM4	Kurka	Maciej	WDT-Allvoi International Cycling Team	0:23:23.05
2	AM4	Klus	Mariusz	PACT Dish Network	0:23:28.43
3	AM4	Flechsigg	Jim	ABD	0:23:33.25
4	AM4	Berenyi	Joe	Team Psimet	0:23:34.65
5	AM4	Marshall	Bob	ABD	0:23:46.47
6	AM4	Wakeley	Michael	Blue Competition Cycles	0:23:56.49
7	AM4	Wiatr	Chris	Unattached	0:24:09.72
8	AM4	Dehmlow	Steven	Unattached	0:24:13.44
9	AM4	Pac	Krystian	Pact-Dish Network-Polska	0:24:22.45
10	AM4	Westergaard	John	Unattached	0:24:29.05
11	AM4	Nedza	William	Unattached	0:24:30.37
12	AM4	Zelewsky	Paul	ABD	0:24:57.28
13	AM4	Glinka	Kenneth	ABD	0:25:19.19
14	AM4	Burns	Mike	ABD	0:25:29.67
15	AM4	Mccarthy	Brian	South Chicago Wheelmen	0:25:41.00
16	AM4	Redlich	Michael	ABD	0:25:43.11
17	AM4	Kanute	Mike	Multisport Madness Triathlon Team	0:25:45.11
18	AM4	Serrano	Baudelio	Ball Corp.	0:25:53.50
19	AM4	Witt	Konrad	ABD	0:25:56.73
20	AM4	Halsall	Keith	ABD	0:26:18.32
21	AM4	Paradis	Matthew	QuavR	0:26:33.42
22	AM4	Lund	James	ABD	0:27:07.40
23	AM4	Piekos	Mitchell	Project 5 Racing	0:27:24.89
24	AM4	Little	Jeffrey	Apache	0:27:25.01
25	AM4	Kanute	Josh	Multisport Madness Triathlon Team	0:28:14.82
26	AM4	Altman	Robert	Vision Quest	0:29:06.01
27	AM4	Laughlin	Patrick	NIU Triathlon	0:30:17.26
28	AM4	Lorenz	Jeremy	NIU Triathlon	0:30:53.16

AM40+

Place	Category	Last	First	Club	Time
1	AM40+	Otto	Jeffrey	RVCC	0:20:10.10
2	AM40+	Mosora	Christopher	Verizon Wireless	0:21:22.77
3	AM40+	Swartzendruber	Mark	Scarletfire Racing	0:21:24.13
4	AM40+	Gerlach	Charles	Lamb Little Racing	0:21:33.93
5	AM40+	Kreutzfeldt	Richard	Pact	0:22:48.14
6	AM40+	Hockenberry	Scott	The Bike Shop/Training Bible	0:23:08.97
7	AM40+	Verner	Dan	PACT-Dishnetwork	0:23:22.29
8	AM40+	Rose	Jim	Village Cycle Sport	0:23:31.15
9	AM40+	Januszcwski	Michael	Tower Racing	0:23:36.43
10	AM40+	Kruse	Scott	Proctor	0:24:39.81
11	AM40+	Busteed	Todd	ABD	0:24:50.47
12	AM40+	Arnolde	Jack	North Branch Cycling	0:25:17.06
13	AM40+	Sonkin	Randy	Unattached	0:26:32.76
14	AM40+	Kessler	Jeff	Village Cycle Sport	0:26:40.01
15	AM40+	Linton	Mark	53x11 Coffee	0:26:54.74
16	AM40+	Vonnahmen	Mike	Proctor Hospital	0:27:15.03
17	AM40+	Wills	Maurice	VCR	0:28:55.73
18	AM40+	Powell	Marilyn	ABD	0:29:50.16
19	AM40+	Clark	David	ABD	0:30:56.61



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AM50+

Place	Category	Last	First	Club	Time
1	AM50+	Norbeck	Dan	Vision Quest	0:21:18.32
2	AM50+	Host	James	PACT - Dish Network	0:21:34.32
3	AM50+	Jones	Michael	PACT - Dish Network	0:21:36.12
4	AM50+	Irion	Dave	Endure It	0:22:24.06
5	AM50+	Steiner	Darin	Team Mack	0:22:50.57
6	AM50+	Mattson	Ron	Freeport Bicycle Co.	0:23:05.17
7	AM50+	Marshall	Bob	ABD	0:23:24.09
8	AM50+	Tschampa	Andrew	PACT-Dishnetwork	0:23:38.77
9	AM50+	Rulo	Gary	ABD	0:24:47.41
10	AM50+	Deifel	John	Project 5 Racing	0:24:48.95
11	AM50+	Kryszak	Richard	South Chicago Wheelmen	0:25:03.62
12	AM50+	Haji-Sheikh	Michael	Unattached	0:26:07.03
13	AM50+	Gage	Steven	ABD	0:26:19.01
14	AM50+	Tubic	Bisi	Unattached	0:26:48.57
15	AM50+	Trotter	Dave	ABD	0:27:10.68
16	AM50+	Schabell	Kurt		0:27:29.67
17	AM50+	Greene	Steven	ABD	0:27:59.62
18	AM50+	Poplett	John	Turin	0:29:08.95

AM55+

Place	Category	Last	First	Club	Time
1	AM55+	Madsen	Dan	ABD	0:22:18.34
2	AM55+	Kreutzfeldt	Richard	Pact	0:22:48.87
3	AM55+	Whalen	Gary	Flatlandia Cycling Team	0:23:00.28
4	AM55+	Adamczyk	Richard	Midwest Masters	0:23:40.82
5	AM55+	Green	Rick	TEAM RVO	0:23:54.80
6	AM55+	Keefe	Preston	Unattached	0:24:48.19
7	AM55+	Vonnahmen	Mike	Proctor Hospital	0:24:55.62
8	AM55+	Iverson	Greg	ABD	0:25:05.59
9	AM55+	Demel	Zbigniew	PACT Dish Network	0:25:07.70
10	AM55+	Byrnes	Michael	Joliet Bicycle Club	0:25:33.13
11	AM55+	Luhrsen	Dane	Unattached	0:25:47.65
12	AM55+	Stoops	Walter	ABD	0:26:00.30
13	AM55+	Whalen	Gary	Flatlandia Cycling Team	0:26:28.29
14	AM55+	Hawco	Robert	ABD	0:26:45.26
15	AM55+	Pittsley	Mike	Unattached	0:27:17.43
16	AM55+	Rios	Jose	Unattached	0:28:13.85
17	AM55+	Wolowiec	Bob	Gazoobie	0:31:19.46



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AM60+

Place	Category	Last	First	Club	Time
1	AM60+	Burke	Robert	Pact Dishnetwork	0:22:00.86
2	AM60+	Mehlenbeck	Paul	Badger Velo Club	0:22:41.67
3	AM60+	Adamczyk	Richard	Midwest Masters	0:23:54.82
4	AM60+	Goetzinger	David	Rock Valley Oil	0:24:03.22
5	AM60+	Jurs	Dennis	Team Mack	0:24:54.33
6	AM60+	Kilroy	Patrick	Alberto's/VCR	0:26:10.82
7	AM60+	Rhyne	Edward	Unattached	0:29:19.41
8	AM60+	Kallas	Bill	ABD	0:29:27.88
9	AM60+	Janes	Don	ABD	0:30:37.82
10	AM60+	Kielar	Marian	PACT Dish Network	0:30:54.28
11	AM60+	Kaiser	Greg	Unattached	0:31:53.33
12	AM60+	Kieronski	Eugene	Unattached	0:31:57.14
13	AM60+	Terbell	Bud	ABD	0:32:38.15
14	AM60+	Tyczka	Werner	Unattached	0:33:10.73
15	AM60+	Stern	Alan	Velo Club Roubaix	0:34:08.42

AM65+

Place	Category	Last	First	Club	Time
1	AM65+	Roanhaus	Ken	Midwest Masters	0:23:03.25
2	AM65+	Vichotka	Richard	Midwest Masters	0:28:12.78
3	AM65+	Huey	Lawrence	Unattached	0:30:28.15
4	AM65+	Taylor	John	Joliet Bicycle Club	0:31:28.77
5	AM65+	Holland	Steven	Elite Athletic Racing Team	0:31:39.64

AM70+

Place	Category	Last	First	Club	Time
1	AM70+	Alexander	Peter	Midwest Masters	0:26:43.88
2	AM70+	Beck	Bob	Midwest Masters	0:27:45.28
3	AM70+	Beck	Bob	Midwest Masters	0:27:47.78
4	AM70+	Herbert	R.W.	Midwest Masters	0:29:23.24
5	AM70+	Schiff	Don		0:33:54.48
6	AM70+	Englehorn	Gary	Unattached	0:59:45.86

AM75+

Place	Category	Last	First	Club	Time
1	AM75+	Wang	Edward	Unattached	0:31:18.15
2	AM75+	Beam	Gerald	Team Turin	0:32:00.73

AW15

Place	Category	Last	First	Club	Time
1	AW15	Stimac	Heidi	Unattached	0:30:07.44

AW15-5k

Place	Category	Last	First	Club	Time
1	AW15-5k	Paradis	Katie	Multisport Madness Triathlon Team/sport Madness I0	0:31:00.15



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AW16

Place	Category	Last	First	Club	Time
1	AW16	Rowe	Jacky	ABD	0:32:05.01

AW30+

Place	Category	Last	First	Club	Time
1	AW30+	Mele	Lara	Team Mox	0:26:31.45

AW4

Place	Category	Last	First	Club	Time
1	AW4	Appelwick	Stacy	Bouledogue Tout Noir	0:24:19.09
2	AW4	Dumford	Katie	Endureit	0:26:42.50
3	AW4	Voelkel	Nicole	Multisport Madness Triathlon Team	0:27:12.07
4	AW4	Christ	Jayme	NIU Triathlon	0:30:57.52
5	AW4	Oehmen	Liz	ABD	0:32:57.17

AW40+

Place	Category	Last	First	Club	Time
1	AW40+	Inks	Connie	Unattached	0:23:38.03
2	AW40+	Butzke	Mary Ann	Unattached	0:25:21.86
3	AW40+	Maday	Donna	ABD	0:25:53.01
4	AW40+	Fraser	Tamara	XXX Racing-Athletico	0:26:25.62
5	AW40+	Palmquist	Christine	Training Bible Coaching	0:27:17.92

AW50+

Place	Category	Last	First	Club	Time
1	AW50+	Roanhaus	Diane	Midwest Masters	0:25:04.13
2	AW50+	Mattson	Ann	Freeport Bicycle Co.	0:26:09.35
3	AW50+	Hoff	Christy	Midwest Masters	0:27:51.54
4	AW50+	Kaiser	Helen	Unattached	0:27:52.52
5	AW50+	Powell	Marilyn	ABD	0:29:18.00
6	AW50+	Mcadams	Victoria Lynne	Unattached	0:33:48.53

AW60+

Place	Category	Last	First	Club	Time
1	AW60+	Beck	Nancy	Midwest Masters	0:34:53.42

AW70+

Place	Category	Last	First	Club	Time
1	AW70+	Beam	Patricia	ABD	0:30:49.51



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



AWO

Place	Category	Last	First	Club	Time
1	AWO	Dust	Debbie	PACT Dish Network	0:22:40.03
2	AWO	Thompson	Leigh	Vision Quest	0:22:42.43
3	AWO	Dust	Debbie	PACT Dish Network	0:23:18.90
4	AWO	Inks	Connie	Unattached	0:23:42.64
5	AWO	Prinner	Jessica	ABD	0:23:50.10
6	AWO	Meshberg	Kristen	Flatlandia	0:25:00.06
7	AWO	Harrison	Jennifer	Unattached	0:25:51.42
8	AWO	Sides	Ginger	Project 5 Racing	0:26:54.56
9	AWO	Fraser	Tamara	XXX Racing-Athletico	0:26:57.99

CM19-29

Place	Category	Last	First	Club	Time
1	CM19-29	Hetzel	Kevin	Apache	0:27:45.56
2	CM19-29	Boyle	William	Unattached	0:28:32.08
3	CM19-29	Boline	John	Unattached	0:28:52.39
4	CM19-29	Zerinskis	Michael	Psimet Racing	0:28:55.43

CM30+

Place	Category	Last	First	Club	Time
1	CM30+	Camp	Joe	Unattached	0:25:00.83
2	CM30+	Butler	Jennifer	Unattached	0:35:23.58

CM30-39

Place	Category	Last	First	Club	Time
1	CM30-39	Millard	Francois	XXX Racing-Athletico	0:22:39.94
2	CM30-39	Sandu	Cezar	Unattached	0:24:46.19
3	CM30-39	Koors	Dan	Unattached	0:25:46.18
4	CM30-39	Hrvatin	Bart	Unattached	0:26:14.12
5	CM30-39	Silber	Jason	Unattached	0:26:44.78
6	CM30-39	Bentsen	Kurt	Unattached	0:26:54.78
7	CM30-39	Kieronski	Jason	Unattached	0:33:31.94

CM40-49

Place	Category	Last	First	Club	Time
1	CM40-49	Alvestad	Jostein	EMC2	0:22:45.60
2	CM40-49	Mann	Bob	Multisport Madness Triathlon Team	0:23:47.51
3	CM40-49	Aitchison	Scott	Team Dawg	0:24:05.13
4	CM40-49	Gehr	Tim	Unattached	0:24:08.11
5	CM40-49	Lorenz	John	Unattached	0:25:37.41
6	CM40-49	Bauer	Douglas	Village Cycle Sport	0:25:50.66
7	CM40-49	Hoffman	Michael	Unattached	0:27:10.28
8	CM40-49	Anda	Juan	Unattached	0:27:21.48
9	CM40-49	Finch	Harold	Unattached	0:27:58.29
10	CM40-49	Webb	Brad	ABD	0:28:47.39
11	CM40-49	Bakutis	Jim	Unattached	0:33:35.47



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



CM50+

Place	Category	Last	First	Club	Time
1	CM50+	Kaminski	John	Unattached	0:24:06.64
2	CM50+	Kula	Gary	ABD	0:24:45.27
3	CM50+	Mckenzie	Craig	ABD	0:25:20.82
4	CM50+	Glodowski	Al	Unattached	0:25:25.85
5	CM50+	Lacy	Michael	NA	0:25:58.99
6	CM50+	Rottmann	Edward	Unattached	0:26:45.92
7	CM50+	Flad	Andy	Unattached	0:27:04.20
8	CM50+	Dal Lago	Ray	Elmhurst Bicycle Club	0:27:05.34
9	CM50+	Bryenton	Ron	Unattached	0:27:06.65
10	CM50+	Wostratzky	Don	ABD	0:29:46.63
11	CM50+	Barbieri	Rick	Unattached	0:30:05.12

CW15

Place	Category	Last	First	Club	Time
1	CW15	Mann	Rachel	Multisport Madness Triathlon Team	0:28:42.03
2	CW15	Lorenz	Alexandra	Unattached	0:33:06.32

CW19-29

Place	Category	Last	First	Club	Time
1	CW19-29	Halshall	Amy	ABD	0:27:36.52
2	CW19-29	Greiner	Melanie	Multisport Madness Triathlon Team	0:29:45.06

CW30-39

Place	Category	Last	First	Club	Time
1	CW30-39	Javorski	Courtney	Tean Tri Smart	0:29:37.12
2	CW30-39	Thatcher	Katie	Unattached	0:30:06.98
3	CW30-39	Atkins	Cheryl	Unattached	0:32:02.23

CW40-49

Place	Category	Last	First	Club	Time
2	CW40-49	Creveling	Grace	Unattached	0:28:32.08
3	CW40-49	Vilimek	Diane	Unattached	0:31:53.75
4	CW40-49	Miller	Lori	ABD	0:32:28.25

CW50+

Place	Category	Last	First	Club	Time
1	CW50+	Buffalo	Ruth	Chicago Tri Club	0:29:47.37
2	CW50+	Kuhr	Martha	Unattached	0:31:44.82

Recumbent/Tandem

Place	Category	Last	First	Club	Time
1	Recumbent/Tandem	Macjen/Cole			0:24:55.12
2	Recumbent/Tandem	Ratajczak	Tom/Robin		0:26:50.41



11th Annual ABD INDOOR TIME TRIAL SERIES
John Fraser Memorial Time Trial - Sunday, April 11th, 2010
PRELIMINARY RESULTS (posted on 4/11/2010 at 8:48 PM)
Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club
held at Maple Park, IL



Recumbents

Place	Category	Last	First	Club	Time
1	Recumbents	Beauchamp	Warren	Team Lowboy	0:24:12.93

Fastest Men

Place	Category	Last	First	Club	Time
1	AM40+	Otto	Jeffrey	RVCC	0:20:10.10
2	AM1/2	Mead	Bryce	Texas Roadhouse	0:20:14.64
3	AM30+	Otto	Jeffrey	RVCC	0:20:20.64

Fastest Women

Place	Category	Last	First	Club	Time
1	AWO	Dust	Debbie	PACT Dish Network	0:22:40.03
2	AWO	Thompson	Leigh	Vision Quest	0:22:42.43
3	AWO	Dust	Debbie	PACT Dish Network	0:23:18.90



prairie path cycles
WINFIELD • BATAVIA
www.prairiepathcycles.com



TREK

For more information on this and other Athletes By Design Cycle Club events, visit
www.abdcycling.com