



# ABD Cycle Club 2010 Training Races

## Wednesday Nights Starting April 28th, 2010

*Confirmed for 4/28, 5/05, 5/12 and 5/1*

**Location:** The “*Pelladrome*”  
a.k.a the Pella Windows & Doors  
Enterprise Circle, West Chicago, IL  
Flat 4-corner course with new, wide roads

**Registration Opens:** 5:45 p.m.

**Time:** First Race Off at 6:30 p.m.  
15 minute Beginner’s Race Off at 6:30 p.m., all other categories start at 6:45 p.m.

**Format:** 15 to 40 minute events, run until dark  
Straight-up (scratch) races, points races, unknown distance, pursuit catch the field, etc.

**Categories:** A Race (Cat 1 to 3 riders)  
B Race (Cat 4 & 5 riders)

**Fees:** Adults - \$10  
Juniors - \$5

Helmets and standard road bikes with two working brakes are required.

Held under ABR permit and one-day or annual license is required  
(available for purchase on race day).

**Questions:** abdcycling at gmail.com [www.ABDcycling.com](http://www.ABDcycling.com)