



# 2010 Wednesday Night Master Track

## Washington Bowl Velodrome

### Kenosha, Wisconsin

### May 5 – August 25, 2010



Sponsored by Wisconsin Bicycle Racing, ABR Masters 60+ Grant

**Who:** “Masters” Men and Women 30+ divided into 5-year age brackets (30-80+) and invited Junior Masters (will earn no points)

**What:** Timed events each evening (varies from 100 meters [1/3 lap] to 4000 meters [12 laps]).

Events may be run individually or pursuit style (2- 4 riders on the track at a time, starting at equal intervals)

Mass start events held each evening and varies from week to week.

Progressive pace event behind a special motor pacing motorcycle for those who want to increase their top speed and enjoy an excellent workout behind the “motor”. Also great wheel sucking practice.

**When:** Every Wednesday evening beginning around 7pm.

**Where:** “Washington Bowl” Velodrome located in Washington Park in the City of Kenosha, Wisconsin.

From I-94 take Hwy 142 / HWY S (Exit # 340) head east approximately 6 miles to 22<sup>nd</sup> Av to Washington Park. (Entrance to park is on 22<sup>nd</sup> Av just south of the fire station #5.)

**Why:** A chance to win the Wednesday Night Masters Rider of the Year Trophy (1 place).

There are also season awards for each category to 3 places (min. of 5 nights). Riders will earn points each night for each of the schedule events. Points are awarded on a sliding scale, based upon the total number of riders (regardless of age 30+ or sex) based upon the fastest time. (Example: 12 riders in the 200m TT – fastest rider earns 12 pts, 2<sup>nd</sup> =11 pts, 3<sup>rd</sup> =10pts and so on to 12<sup>th</sup> = 1 point). Earn points all year long for both your category and for the overall. Also, all riders earn 1 point each night in the progressive pace event for participating in the event behind the motor. Bonus points will also be given for the non- Wednesday night events: [ABR TRACK NATIONALS Aug. 14-15 (3 points per master’s event), Central States Masters July 17<sup>th</sup> (2 points per event), Other Master Track events on the Kenosha Track (1 point per Masters event), and 3 points for rain outs if you come to the track and races are cancelled. Note: No points this year for USAC Master Track Nationals or UCI Master Track Worlds because they are after the last night of racing.

**Equipment:** Road or Track bicycles for timed events. No shifting for timed events. For Mass start events, road and track bikes may have their own separate events. For the progressive pace race only track bikes should be used, (if allowed by the promoter and driver of the motor, road bikes should ride behind the track bikes).

**Registration:** Registration begins around 6:00pm. No advance registration is required. No late fees apply.

Only one “special” ABR release and medical emergency form needs to be filled out for the season.

**Entry Fee:** \$15 per night (Season Pass for Wednesday nights \$125). ABR membership is required.

ABR Memberships will be available at registration. Annual ABR license is \$25 and a one-day license is \$5.

**Schedule:** May be adjusted to get the program finished in a reasonable time or if threatening weather is possible.

May 5:	flying ½ lap	flying lap 333m	Snow-Ball (to honor Mother Nature)
May 12:	flying 200 m	standing lap 333m	Chariot (1 lap drag race)
May 19:	flying ½ lap	standing 500m	Pick your Lane (3 up staggered start)
May 26:	flying 200 m	standing 1500 m	Miss and out
June 2:	flying 200 m	standing kilo	Kringle (aka Danish - Win and Out)
June 9:	flying 500 m	standing 2000m	Keiren
June 16:	flying ½ lap	standing 3000m	Sprint
June 23:	flying lap	standing lap 333m	Handicap
June 30:	flying 200 m	standing 3000 m	Team Pursuit or Team Sprint
July 7:	flying 2 lap	standing 2000m	Miss and Out
July 14:	flying 200 m	standing 500m	Team sprint
July 21:	flying 500 m	Half laps (sprint/rest/sprint)	Points Race
July 28:	flying kilo	standing kilo (1000m)	Madison or Points race
August 4:	flying 200m	standing 3000m	Team Pursuit or Team Sprint
August 11:	flying 200m	standing 4000m	Pursuit
August 18:	flying 200m	standing 2000 m	Handicap Elimination
August 25:	flying ½ lap	catch and out	1 lap slow race / Awards Party – PARTY

Results will be posted at [AmBikeRace.com](http://AmBikeRace.com), [Wisconsinbicycleracing.com](http://Wisconsinbicycleracing.com) or [333m.com](http://333m.com) (Kenosha Velodrome)

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**QUESTIONS:** Email: [cewbike@tds.net](mailto:cewbike@tds.net) or call Carl Wilkins at 262.654.6773