

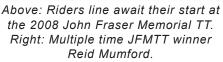
# 9TH ANNUAL

# JOHN FRASER MEMORIAL TIME TRIAL











## START TIMES

Start Times are assigned in the order entries are received. Preliminary start times will be posted at www.abdcycling.com on Wednesday, April 7th for all entries received by Sunday, April 4th.

# RACE INFORMATION AND UPDATES:

**W**EB: www.abdcycling.com **E**MAIL: abdcycling@gmail.com

The **JOHN FRASER MEMORIAL TIME TRIAL** is held under permit of the American Bicycle Racing Organization (ABR) and is part of the 2010 MATTSeries.

ABR Categories			Cat 5 (Citizen) Categories	
Men		Women	Men	Women
JR 15 &under		JR 15 & Under	19-29	19-29
JR 16 & over		JR 16 & over	30-39	30-39
Men 4		Women 4	40-49	40-49
Men 3			50+	50+
Men 1/2		Women Open	RECUMBENTS	
MASTERS		Women 40+	TANDEM	
30+	40+	Women 50+		
50+	55+	Women 60+		
60+	65+	Women 70+		
70/75/80+		Women 80+	5	









**WHEN**: Sunday, April 11th; racing starts at 9:01am; Check-in starts at 7:45am.

**WHERE**: Maple Park, IL (Rt.38 and Rt.47) See Directions to race site below.

**COURSE**: 10 mile course with 2 turnarounds. Maps available at www.ABDcycling.com

**REGISTRATION**: Pre-registration via mail must be post-marked by **Friday**, **April 2nd** or Pre-Registration via **ACTIVE**. com will be accepted through **Sunday**, **April 4th**. On-site registration (if available) opens the day of the race at 8 AM. **Pre-registration** is **REQUIRED** if you want a pre-assigned start time.

AWARDS: Medals awarded to top competitors in ABR and Citizen categories. Recumbents eligible only for medals.

\$50/\$30/\$20 FOR FASTEST MEN AND WOMEN.

## **DIRECTIONS:**

FROM ROCKFORD:

South on I-39 to I-88 (exit 97). East on I-88 15.6 miles to exit #65. North on Peace Rd 1.5 miles. Right on East Lincoln Highway (Route 38) 6.5 miles to County Line Road. North on County Line Road.

### FROM THE WESTERN SUBURBS (WHEATON):

West on Roosevelt Rd (Route 38) 14.2 miles from the intersection of Randall Rd to County Line Rd. Right on County Line Road. Drive 0.6 Turn right on Main Street.

#### FROM CHICAGO:

I-88 West to Orchard Rd. North on Orchard for 2.8 mi, then North(L) on Randall Rd for 5.8 miles. West(L) on Route 38 13.6 miles to County Line Rd. North(R) on County Line Road.

REGISTRATION & CHECK-IN OPENS AT 7:45
AM AT THE MAPLE PARK CIVIC CENTER.
FOLLOW ALL PARKING SIGNS!
NO PARKING ON THE NORTH SIDE OF
THE RAILROAD TRACKS.



prairie path cycles



