



2009 ABD Indoor Time Trial Series: Race #1 - Sunday, January 11th PRELIMINARY RESULTS (posted on 1/11/2009 at 5:07 PM)

More than 160 riders kicked off the today's first race of the 2009 ABD Indoor Time Trial Series. This year marks the 10th season ABD has presented the Indoor Time Trial Series and it continues to grow in popularity. Congratulations to all the competitors starting their 2009 ABR season with our event. Special thanks, once again, to the many volunteers, sponsors and to our host, the Winfield Middle School. Conditions: Race hosted indoors at the Winfield Middle School in Winfield, IL. Course: 10km on Simulated Flat Terrain

Congratulations to our **Profile Designs** raffle winner: Steven Greene

Please contact ABD Cycling at abdcycling@gmail.com if you have any questions regarding results.

AM1/2

Place	Cat	Last	First	Club	Time
1	AM1/2	Host	James	PACT	14:42.52
2	AM1/2	BOBA	TOMASZ	WDT	14:45.73
3	AM1/2	Jungels	Rob	ABD/GEARGRINDER	15:36.40
	AM1/2	Jones	Michael	PACT-DishNetwork	DNS
	AM1/2	Westerheide	Ted	PACT/Dish Network	DNS

AM15

Place	Cat	Last	First	Club	Time
1	AM15	Dickson	Carter	Multisport Madness Kids	18:41.92
2	AM15	Witt	Konrad	ABD	18:47.87
3	AM15	Redlich	MJ	ABD	20:03.42
4	AM15	Schilling	Jacob	Team Mack	21:47.93
5	AM15	Davey	Tom	Multisport Madness Triathlon Te	22:18.18

AM15-5k

Place	Cat	Last	First	Club	Time
1	AM15-5k	Schilling	Joshua	Team Mack	12:15.57
2	AM15-5k	McCarthy	Sean	South Chicago Wheelmen	13:28.70

AM16+

Place	Cat	Last	First	Club	Time
1	AM16+	Wilkie	Michael	ABD	16:42.24
2	AM16+	Frank	Jacob	ABD	17:05.75

AM3

Place	Cat	Last	First	Club	Time
1	AM3	Stodden	Michael	North Branch Cycling Club	15:07.39
2	AM3	Peterson	Doug	WDT	15:13.40
3	AM3	Kinonen	Chris	XXX Racing-Athletico	15:13.46
4	AM3	Akers	Brian	WDT-Allvoi	15:15.90
5	AM3	Janowiak	Waylon	WDT International Cycling Team	15:27.30
6	AM3	Hasenauer	Thomas	LAPT Cycling	15:33.81
7	AM3	Mattson	Ron	Freeport Bicycle Co.	15:37.27
8	AM3	Bice	Curtis	ABD Cycling	15:40.86
9	AM3	Glinkowski	Voytek	WDT International	15:41.14
10	AM3	Broich	Gordon	ABD	15:44.71
11	AM3	Parish	Steven		16:12.63
	AM3	Scott	James	Team Apache	DNS



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AM30+

Place	Cat	Last	First	Club	Time
1	AM30+	Jungels	Rob	ABD/GEARGRINDER	14:42.00
2	AM30+	Hasenauer	Thomas	LAPT Cycling	15:24.33
3	AM30+	Akers	Brian	WDT-Allvoi	15:32.97
4	AM30+	mstowski	richard	ABD	16:42.28
5	AM30+	Kubinski	Brian	Unattached	17:23.20

AM4

Place	Cat	Last	First	Club	Time
1	AM4	Dubow	Jeremy	Velo Club Roubaix	14:49.50
2	AM4	McDowell	Kevin	Multisport Madness Kids	14:55.76
3	AM4	Gerlach	Charles	Unattached	15:01.23
4	AM4	Kanute	Ben	Multisport Madness Kids	15:05.80
5	AM4	Flechsig	Jim	ABD	15:07.48
6	AM4	Kanute	Mike	Multisport Madness Kids	15:25.90
7	AM4	Verzbicas	Lukas	Multisport Madness Triathlon Te	15:38.85
8	AM4	Peyer	Eric	Unattached	15:43.22
9	AM4	Zelewsky	Paul	ABD	15:46.34
10	AM4	Bowden	Scott	ABD	15:46.41
11	AM4	Vail	Mike	ABD	15:52.81
12	AM4	Heggen	Jordan	Multisport Madness Kids	15:54.78
13	AM4	Halsall	Keith	ABD	16:00.00
14	AM4	Marshall	Bob	ABD	16:00.59
15	AM4	Curtis	Robert	Bicycle Heaven	16:03.10
16	AM4	Nathan	Reeven	Multisport Madness Kids	16:21.90
17	AM4	Howland	Tyler	Multisport Madness Triathlon Te	16:32.29
18	AM4	Berenyi	Joe	Unattached	16:38.30
19	AM4	Dickson	Keith	Multisport Madness	16:41.41
20	AM4	Wozniak	Todd	Unattached	16:47.46
21	AM4	Gashpar	Vitaly	Unattached	16:56.59
22	AM4	Crane	Steven	Spin Doctor's Cyclewerks CC	16:57.40
23	AM4	PIEKOS	MITCHELL	Project 5 Racing	17:19.48
24	AM4	Billingsley	Kent	ABD	17:43.63
25	AM4	Andrews	Justin	Bicycle Heaven	17:46.74
26	AM4	Dickson	Nolan	Multisport Madness Kids	17:53.19
27	AM4	Janes	Don	ABD	18:17.53
28	AM4	Cerwin	Terry	ABD	DNF
	AM4	Ozguç	Oz	ABD	DNS

AM40+

Place	Cat	Last	First	Club	Time
1	AM40+	Verner	Dan	Pact Dishnetwork	13:53.79
2	AM40+	Gerlach	Charles	Unattached	14:47.30
3	AM40+	Saplis	Jim	Team Apache	15:15.50
4	AM40+	Hockenberry	Scott	The Bike Shop	15:36.13
5	AM40+	Glinka	Kenneth	ABD	16:04.18
6	AM40+	Busteed	Todd	ABD	16:08.40
7	AM40+	Linton	Mark	53x11 Coffee	16:39.90
8	AM40+	McCarthy	Brian	South Chicago Wheelmen	16:46.00
9	AM40+	SONKIN	RANDY	Team Apache	17:09.10
10	AM40+	Duffy	Timothy	Vision Quest	17:39.31
11	AM40+	Spiega	David	Team Apache	17:59.75
	AM40+	Gage	Steven	ABD	DNS
	AM40+	Scott	James	Team Apache	DNS
	AM40+	Westerheide	Ted	PACT/Dish Network	DNS



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AM50+

Place	Cat	Last	First	Club	Time
1	AM50+	Host	James	PACT	14:48.65
2	AM50+	Madsen	Dan	ABD	15:09.52
3	AM50+	Mattson	Ron	Freeport Bicycle Co.	15:11.26
4	AM50+	Tubic	Bisi	Unattached	15:17.45
5	AM50+	Thalheimer	á Charlie	Team BBC	15:34.70
6	AM50+	Marshall	Bob	ABD	15:36.30
7	AM50+	Rulo	Gary	ABD	15:39.88
8	AM50+	Green	Rick	Team RVO	15:40.80
9	AM50+	Case	Herbert	S7	15:54.71
10	AM50+	Trotter	Dave	ABD	15:59.96
11	AM50+	Pahl	Scott	ABD	16:08.67
12	AM50+	Montfort	Ludwig	Unattached	16:16.84
13	AM50+	Nanni	Peter	Unattached	16:27.46
14	AM50+	Trogdon	Ed	Unattached	16:29.30
15	AM50+	Wolowiec	Bob	Unattached	16:39.92
16	AM50+	Fry	Ken	ABD	16:42.24
17	AM50+	Hawco	Robert	ABD	16:42.42
18	AM50+	Greene	Steven	ABD	16:58.54
19	AM50+	Montfort	Ludwig	Unattached	17:09.29
20	AM50+	Stoops	Walter	ABD	17:15.42
21	AM50+	Kryszak	Richard	South Chicago Wheelmen	17:18.48
22	AM50+	Jerwin	Terry	ABD	17:28.48
23	AM50+	Janes	Don	ABD	18:09.69
	AM50+	Altemus	Thomas	Rock Valley Oil	DNS
	AM50+	Kurtz	Michael	Team Army -USAC	DNS
	AM50+	Jones	Michael	PACT-DishNetwork	DNS

AM60+

Place	Cat	Last	First	Club	Time
1	AM60+	Egan	Tom	ABD	16:21.63
2	AM60+	Kallas	Bill	ABD	17:04.49
3	AM60+	Rhyne	Edward	Unattached	17:21.10
4	AM60+	Taylor	John	Unattached	17:46.93
5	AM60+	JOHNSON	DANIEL	Unattached	17:53.14
6	AM60+	Schiff	Don	Quad Cities Bike Club	20:13.36

AM65+

Place	Cat	Last	First	Club	Time
1	AM65+	Holland	Steven	Elite Athletic Development	17:38.17
2	AM65+	Murphy	Pat	ABD	17:48.83
3	AM65+	Barder	Rick	Unattached	18:08.70
4	AM65+	Schiff	Don	Quad Cities Bike Club	18:47.25
5	AM65+	Vichotka	Rich	Midwest Masters	18:55.58

AM70+

Place	Cat	Last	First	Club	Time
1	AM70+	Patterson	Jack	Midwest Masters	17:30.59
2	AM70+	Krehbiel	John	Midwest Masters	18:47.37
3	AM70+	Engelhorn	Gary	Unattached	29:54.68



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AM75+

Place	Cat	Last	First	Club	Time
1	AM75+	Murphy	Pat	ABD	18:00.49

AW15

Place	Cat	Last	First	Club	Time
1	AW15	Delgado	Teagan	Multisport Madness Kids	19:58.86
2	AW15	Sellers	Savanah	Multisport Madness Kids	20:17.73
3	AW15	Paradis	Erin	Multisport Madness Kids	20:30.93

AW16

Place	Cat	Last	First	Club	Time
1	AW16	El-Sherif	Sonia	Multisport Madness Triathlon Te	18:44.20

AW4

Place	Cat	Last	First	Club	Time
1	AW4	Convey	Courtney	Multisport Madness	16:49.47
2	AW4	Peszek	Monika	WDT-Allvoi	17:08.80
3	AW4	Howland	Jennifer	Multisport Madness Triathlon Te	17:13.22
4	AW4	Stork	Lorrie	Tower Racing	17:31.58
5	AW4	Clawson	Kelsey	Multisport Madness Triathlon Te	17:35.86
6	AW4	Green	Lynne	QuavR	17:44.80
7	AW4	Greiner	Melanie	Multisport Madness Kids	17:56.67
8	AW4	Frampton	Cathy	Unattached	18:05.45
9	AW4	Knepper	Leah	Unattached	18:09.20
10	AW4	Houser	Joy	ABD	18:54.19
11	AW4	Kuna	Mona	ABD	21:04.92
	AW4	Maday	Donna	ABD	DNS

AW40+

Place	Cat	Last	First	Club	Time
1	AW40+	Motyka	Agnieszka	Unattached	17:30.20
2	AW40+	Palmquist	Christine	The Bike Shop/Training Bible	17:31.20
3	AW40+	Stork	Lorrie	Tower Racing	17:35.32
4	AW40+	Schmidt	Heidi	Unattached	18:03.96

AW50+

Place	Cat	Last	First	Club	Time
1	AW50+	McAdams	Victoria Lynne	Unattached	20:02.29
2	AW50+	Clousson	Kathy	Unattached	22:21.50

AW70+

Place	Cat	Last	First	Club	Time
1	AW70+	Beam	Patricia	Team RVO	19:53.53



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AWO

Place	Cat	Last	First	Club	Time
1	AWO	Meshberg	Kristen	Team BH USA	15:57.64
2	AWO	Prinner	Jessica	ABD	16:04.89
3	AWO	Thompson	Leigh	Vision Quest	16:06.65
4	AWO	Semaszczuk	Sue	ABD	17:35.28
5	AWO	Petro	Pascale	Team Apache	18:06.40

CM15-5k

Place	Cat	Last	First	Club	Time
1	CM15-5k	Aitchison	Jacob	Team Dawg	13:26.00

CM19-29

Place	Cat	Last	First	Club	Time
1	CM19-29	Markgraf	Adam	Unattached	16:51.64

CM30-39

Place	Cat	Last	First	Club	Time
1	CM30-39	Koors	Dan	Unattached	16:30.47

CM40-49

Place	Cat	Last	First	Club	Time
1	CM40-49	Comiskey	Brian	Unattached	15:33.71
2	CM40-49	Lorenz	John	Unattached	16:14.60
3	CM40-49	Hemmingner	Alan	Unattached	16:21.40
4	CM40-49	Aitchison	Scott	Endure It	16:33.60
5	CM40-49	Leach	Todd	Unattached	18:40.27
6	CM40-49	Wells	James	Unattached	18:47.44
	CM40-49	Biery	Joseph	Unattached	DNS
	CM40-49	Hosking	Matt	multisport madness	DNS

CM50+

Place	Cat	Last	First	Club	Time
1	CM50+	Kula	Gary	Downers Grove cycle	16:38.64
2	CM50+	Flad	Andy	Unattached	16:39.52
3	CM50+	McKenzie	Craig	Downers Grove Bicycle Club	16:47.24
4	CM50+	Rottmann	Edward	Unattached	16:50.57
5	CM50+	Walsh	Patrick	Lifetime Fitness	17:32.28
6	CM50+	MacLennan	John	Unattached	17:43.10
7	CM50+	Pedrick	Tom	ABD	18:16.17
8	CM50+	Kieronski	Eugene	Unattached	18:18.37
9	CM50+	Blacconiere	Michael	Unattached	18:38.63
10	CM50+	Kaiser	Greg	Unattached	19:19.49

CW15-5k

Place	Cat	Last	First	Club	Time
1	CW15-5k	Lorenz	Alexandra	Multisport Madness Kids	22:03.23



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CW30-39

Place	Cat	Last	First	Club	Time
1	CW30-39	Green	Jennifer	Unattached	19:04.24

CW40-49

Place	Cat	Last	First	Club	Time
1	CW40-49	Bielski	Sharon	Unattached	18:25.25
2	CW40-49	Gialdini	Kim	Downers Grove Cycling Club	18:45.50
3	CW40-49	Miller	Lori	ABD	18:46.20
4	CW40-49	Kaiser	Helen	Unattached	19:11.18
5	CW40-49	Glinka	Sandy	ABD	19:21.88
6	CW40-49	Kula	Angelina	Downers Grove cycle	19:59.43
7	CW40-49	Mamo	Kay	Unattached	20:10.35

Fastest Men

Place	Cat	Last	First	Club	Time
1	AM40+	Verner	Dan	Pact Dishnetwork	13:53.79
2	AM30+	Jungels	Rob	ABD/GEARGRINDER	14:42.00
3	AM1/2	Host	James	PACT	14:42.52

Fastest Women

Place	Cat	Last	First	Club	Time
1	AWO	Meshberg	Kristen	Team BH USA	15:57.64
2	AWO	Prinner	Jessica	ABD	16:04.89
3	AWO	Thompson	Leigh	Vision Quest	16:06.65



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TREK



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