

# Indiana Stage Race 2009

August 8<sup>th</sup> & 9<sup>th</sup>

Over **\$6,000** in cash and prizes awarded!

Presented by Black Mountain Musicals & RHI



## Eagle Creek Fast Crit

Saturday, August 8, 2009

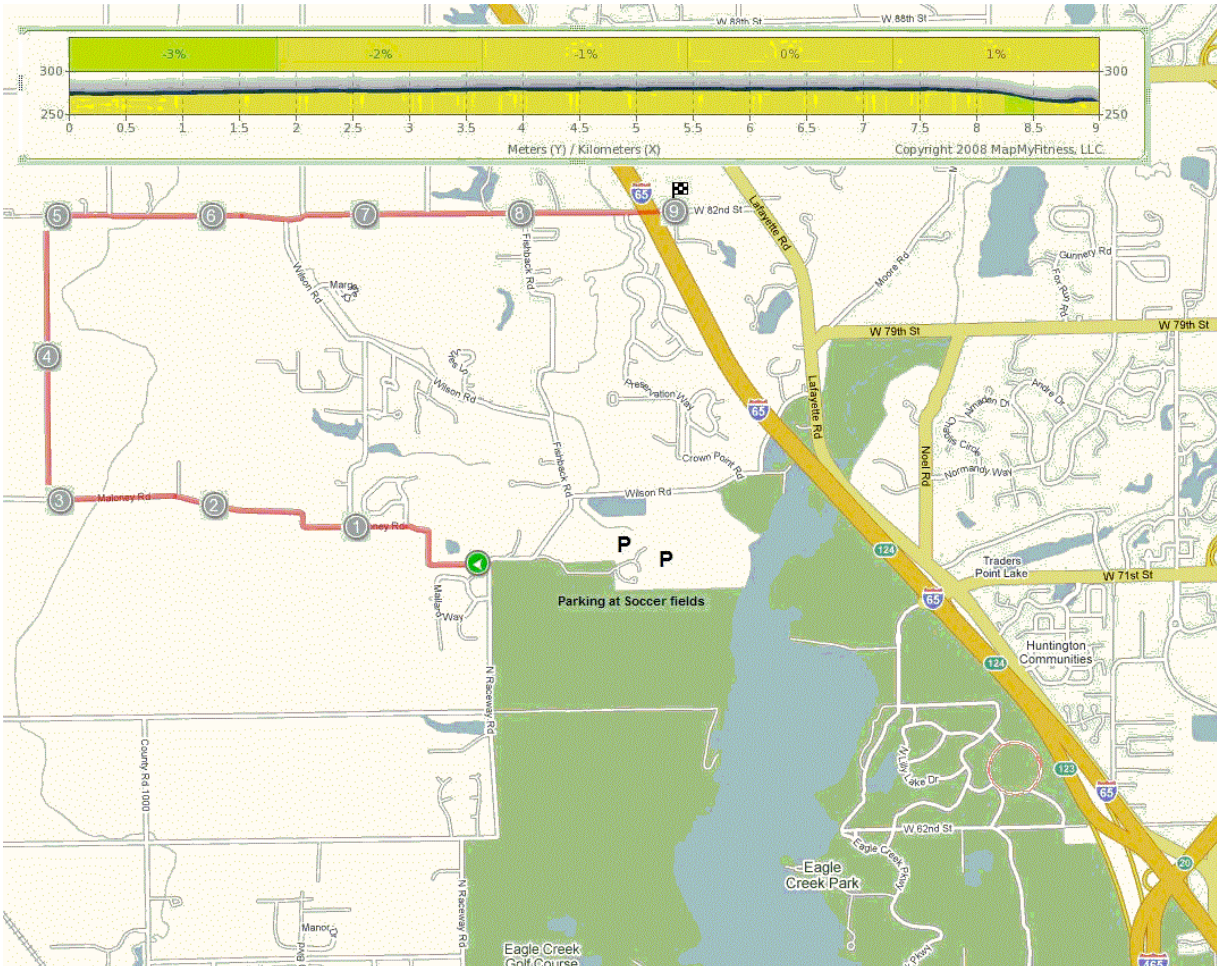
CATEGORY	START	DURATION	ENTRY	AWARD
Citizens	8:00 a.m.	50 minutes	\$30.00	****
Kid's Races	8:50 a.m.	Varies	Free	Prizes
CAT 1-2-3	9:00 a.m.	70 minutes	\$30.00	\$400/9
Hand Cyclists	10:10 a.m.	45 minutes	\$30.00	Awards
Women	11:00 a.m.	55 minutes	\$30.00	****
Women 60+	11:00 a.m.	55 minutes	\$30.00	Top 5
MAS 40+, 50+	Noon	68 minutes	\$30.00	****
MAS 60+, 65+, 70+, 75+, 80+	Noon	68 minutes	\$30.00	Top 5
CAT 4	1:10 p.m.	68 minutes	\$30.00	****
CAT 3	2:20 p.m.	68 minutes	\$30.00	****
9 KM TT at Eagle Creek	4:00 p.m.			

**Course** A .6 mile oval with 8 feet of elevation per lap. Get ready for some serious speed. A fun course. Lots of shade on and around the course.

**Location** Eagle Creek Park on the NW side of Indy. The park is accessible from both 56<sup>th</sup> and 71<sup>st</sup> St. entrances. Once in the park, look for signs. Park at the parking areas leading up the road to registration and at the parking lots used for the last Eagle Creek race. Restrooms are at the various shelter houses around the Park and also near the finish line, across the field.

**Register** Registration starts at 7:00 a.m. There is a park fee of \$5.00 that will be charged at the gate (Park's policy, not mine), so you might want to car pool. A great place to bring the family - plenty of playgrounds, a swimming lake, and good viewing areas! Promoter reserves the right to change/alter/combine races if insufficient entries are received. Free drinks and popcorn at the races. **Only \$10.00 to do a second race on the same day.**

# Saturday, August 8, Eagle Creek 9 KM Time Trial

<p><b>When</b></p>	<p>Start times will be assigned at the Eagle Creek Fast Crit race registration.  <b>First rider will go off at 4:00 p.m.</b></p>
<p><b>Where</b></p>	<p>A point A to Point B Course that will be a true classic. The TT course is a few miles away from Eagle Creek Park.</p>  <p>First rider will go off at 4:00 p.m. with the rest to follow in 30-second intervals. Rider's start time will be contingent on when they sign up at the Eagle Creek Fast Crit race. Not a closed course. You can ride back to the park and/or your car rather easily from the finish line.</p>
<p><b>Parking</b></p>	<p>Go to Mapmyride.com for directions. Link is:  <a href="http://www.mapmyride.com/route/us/in/indianapolis/397124733247492162">http://www.mapmyride.com/route/us/in/indianapolis/397124733247492162</a> An easy 4-mile ride to the start or you can drive out if you like (there is parking). <b>Remember to get a pass to get back into Eagle Creek Park if you plan on riding out.</b> The actual course via Mapmyride.com is at  <a href="http://www.mapmyride.com/ride/united-states/in/indianapolis/757124733320461686">http://www.mapmyride.com/ride/united-states/in/indianapolis/757124733320461686</a></p>
<p><b>Awards</b></p>	<p>A total of 30 IRS points will be awarded to the top finisher, 2<sup>nd</sup> place will get 29 points, 3<sup>rd</sup> place will receive 27 points, etc. all the way down to 30<sup>th</sup> place (1 point for that). In addition, bonus points will be awarded to the top 3 riders in their respective category (5, 3, 1).</p>
<p><b>Cost</b></p>	<p>Part of the Indiana Stage Race. If done separately, then \$12.00 per rider.</p>

# Ft. Ben Road Race

**Sunday, August 9, 2009**

CATEGORY	START	DURATION	ENTRY	AWARD
Citizens	8:00 a.m.	65 minutes	\$30.00	****
Women Open	8:00 a.m.	65 minutes	\$30.00*	****
Women 60+	8:00 a.m.	65 minutes	\$30.00*	Top 5
MAS 40+, 50+	9:05 a.m.	90 minutes	\$30.00*	****
MAS 60+, 65+, 70 +, 75+, 80+	9:05 a.m.	90 minutes	\$30.00*	Top 5
Hand Cycle Division	10:35 a.m.	45 minutes	\$30.00*	****
CAT 3	11:20 a.m.	90 minutes	\$30.00	****
CAT 4	12:50 p.m.	80 minutes	\$30.00*	****
CAT 1-2-3	2:10 p.m.	90 minutes	\$30.00*	\$400/9

**Course** A 2.5 mile loop that travels around two lakes and through deep woodlands. This course contains all the elements of a fun venue: uphill, downhill, turns, & good scenery. Come under the big top and get some cold drinks and popcorn.

**Location** Ft. Benjamin Harrison State Park is located on the NE side of Indy. Take I-465 to the NE side, get off at exit 40, and take 56<sup>th</sup> Street East. Travel ~1.8 miles then turn left onto Post Road. Go to the end of the road (0.4 miles) and turn left into Ft. Harrison State Park. Follow Signs. Free admission to the park for racers.

**Register** Begins at 6:35 a.m. under the big tent. \$20.00 for a second race.

## Indiana Stage Race

### Overall Awards 2009

CATEGORY	AWARD
CAT 4	\$700/10
Women	\$400/6
Citizens	\$300 in gift certificates split among top 4
MAS 40+, 50+	\$800/10* (3 spots reserved for 50+)
CAT 3	\$800/10
Hand Cycle	\$2000/TBD
MAS 60+, 65+, 70+, 75+, 80+	Award, 1 <sup>st</sup> Place

## Things to Know:

1. You must do all 3 stages to be eligible for overall awards.
2. The person with the highest point totals (based on IRS points) wins in their respective category. The TT will count as 1/3 of the normal IRS points. Tie-breaker will be based on the Fort Ben Road Race placing.
3. New this year: longer races, new longer TT for the able-bodied racer, and three-point primes in the road races (point primes for the Crit as well).
4. Upon registering at the Eagle Creek Fast Crit, you will receive your TT start time. TT course is new for the able-bodied athlete—9 KM. Venue is 4 miles away from the Fast Crit course. Ride your bike or your car to the course. Should be a fun TT. The TT for the hand cyclists will be at the Fall Creek Parkway Venue. Start time is also 4:00 p.m.
5. Cost is \$65.00 for all 3 stages. Cost per stage, if not noted, is \$30.00 which includes ABR Insurance, etc. TT cost is \$12.00. Hand Cycle racers cost is \$65.00. Register at [www.racelistings.com](http://www.racelistings.com) \$5.00 late fee if you don't pre-register. Registration closes on August 5<sup>h</sup>. Can register the day of. Hand cyclists please use [www.bikereg.com](http://www.bikereg.com) to register. Thanks.
6. Free popcorn, drinks, and snacks. Thanks to Michelle Sheets and Peter Johnson for helping to keep this race alive and kicking.
7. Promoter reserves the right to reduce the overall prize list and day of awards due to insufficient entries. Results will be done via computer and will be printed out each day.
8. Hand cyclists please contact Michele Sheets @ [misheets@aol.com](mailto:misheets@aol.com) for more information about AHS points and the Hand Cycle Division.