



2009 Wednesday Night Master Track

Washington Bowl Velodrome, Kenosha, Wisconsin

May 6 – August 26, 2009

Sponsored by Wisconsin Bicycle Racing & ABR Masters 60+ Grant



Who: “Masters” Men and Women 30+ divided into 5-year age brackets (30-80+)

What: Timed events each evening (100 meters [1/3 lap] to 4000 meters [12 laps].

Events may be run individually or pursuit style (2 riders on track at time, starting on opposite side of track)

Mass start events held each evening - Sprints, Scratch, Handicap, Madison and creative events.

Progressive pace event behind a special motor pacing motorcycle for those who want to increase their top speed and enjoy an excellent workout behind the “motor”.

When: Every Wednesday evening beginning around 7pm.

Where: “Washington Bowl” Velodrome located in Washington Park in the City of Kenosha, Wisconsin.

From I-94 take Hwy 142 / HWY S (Exit # 340) head east approximately 6 miles to 22nd Av to Washington Park. (Entrance to park is on 22nd Av just south of the fire station.)

Why: **Season Awards:** A chance to win the Wednesday Masters Rider of the Year Trophy (1 place).

There is also a season awards for each category (3 places). Riders will earn points each night for each of the schedule events. Points are awarded on a sliding scale, based upon the total number of riders (regardless of age/sex) based upon your fastest time. (Example: 12 riders in the 200m TT – fastest rider will earn 12 pts, second fastest will earn 11 pts, ... 12th fastest will earn 1 pt. You earn points all year long for both your category and for the overall (min. of 5 nights in order to qualify for the overall and category awards). All riders earn 1 point each night in the progressive pace event for participating. Bonus points will be given for the following events: [ABR TRACK NATIONALS Aug. 8-9 (4 points per event)], [Central States Masters July 11th, (2 points per event)], [USAC National Master Track Championship (Indy) 2 points per event]. Other Master Track events on Kenosha Track 1point per event, 4 points for rain outs if you come to the track and races cancelled.

Equipment: Road or Track bicycles for timed events. No shifting for timed events. For Massed start events, Road and Track bike may have their own separate events. For the progressive pace race only track bikes should be used. If allowed by the driver of the motor, road bikes may ride behind the track bikes.

Registration: Registration begins around 6:00pm. No advance registration is required. No late fees apply.

Only one “special” ABR release form needs to be filled out for the season.

Entry Fee: \$15 per night (Season Pass for Wednesday nights \$125). ABR membership is required.

ABR Memberships available at registration. Annual ABR fee is \$25 and a one-day license is \$5.

Schedule: May be adjusted to get the program finished in a reasonable time or if threatening weather is possible.

May 6:	flying ½ lap	flying lap 333m	Unknown Distance
May 13:	flying 200m	standing lap 333m	Chariot (1 lap)
May 20:	flying 100m	standing 500m	Team sprint
May 27:	flying 200m	standing 1500m	Miss and out
June 3:	flying 200m	standing kilo	Unknown Distance
June 10:	flying 500m	standing 2000m	Keiren
June 17:	flying ½ lap	standing 3000m	Sprint
June 24:	flying lap	standing lap 333m	Handicap
July 1:	flying 200m	standing 500m	Team Pursuit or Team Sprint
July 8:	flying 750m	standing 2000m	Miss and Out
July 15:	flying 20m	standing 3000m	Snow-Ball
July 22:	flying 500m	Points race	Half lap sprint/ half lap rest/ half lap sprint
July 29:	flying kilo	standing kilo (1000m)	Madison or Points race
August 5:	flying 200m	standing 3000m	Team Pursuit or Team Sprint
August 12:	flying ½ lap	standing 4000m	Pursuit
August 19:	flying 200m	standing 1000m	Handicap Elimination
August 26:	flying 200m	catch and out	1 lap slow race / Awards Party – PARTY

Results will be posted at www.AmBikeRace.com or Kenosha Velodrome Website: www.333m.com

QUESTIONS: Email: cewbike@tds.net or call Carl Wilkins at 262.654.6773.