



5TH ANNUAL

What's staying the same:

- Gear West has signed on again as our sponsor
- We are shooting again for 8 races
- We will be ABR (American Bicycle Racing) insured
- We will have both the Individual and Team TT
- Turnaround will be controlled by Medina's Police Reserves
- Awards structure and timing
- Both pre and race day registration
- Online registration at www.cadencemultisports.com

What's changing:

- Race Capacity - We are changing our limit of 75 riders policy
- Parking - We did not receive approval to utilize the HNOJ Church Parking lot for 2009
- Location - As a result of the previous we will be holding registration and pre-race meetings at Baker Park, Medina, MN
- Course - For 2009 we will be racing the course in reverse. Start and Finish line near the old turnaround and turnaround at the intersection of Brockton Lane. and County Road 24, Medina, MN
- Entry Fees - We will be offering our own "TNT Stimulus Pricing Package" (Details Below)

2009 TNT Stimulus Package Pricing

Individual Entries

- \$50 - 1/2 Series Package (4 races)
- \$90 - Full Series Package (8 races)
- \$15 Per Event, Early Registration
- \$20 Per Event, Race Day Registration

Team Entry (Draft Legal)

- \$70 - 1/2 Series Package (2 races)
- \$125 - Full Series Package(4 races)
- \$40 Per Event, Early Registration
- \$50 Per Event, Race Day Registration **New For 2009 - If you participate as a part of a team you can race again in the individual TT afterwards for just \$5.

What is a team entry? Good question. We're going to do 4 team TT's in addition to our 8 individual TT events this year. Get a group of 3-5 riders together and compete against other teams in a draft legal format. The third member of your team to cross the line will count as your team's time for the race. We will have a men's and women's division. Teams must post times in at least 3 of the 4 events to be eligible for the TTT point standings.

Tuesday Night Time Trials begin promptly at 7pm. Please arrive early enough to allow yourself a proper warm-up and to register if you're not already pre-registered. Race-day registration will open at 6pm and close at 6:50 and/or when we reach capacity **NO EXCEPTIONS.** Please help us out by printing off and filling out the ABR waiver ahead of time (available above). Participant parking is available at Baker Park.

Contact Us

Email: cadencemultisports@gmail.com
 Website: www.cadencemultisports.com

2009 Schedule

- May 12th
- May 26th (*)
- June 9th
- June 23rd (*)
- July 7th
- July 21st (*)
- August 4th
- August 18th (*)

(*) = Team TT event in addition to the individual TT. Teams will go first to allow for any team participants to partake in the individual competition if they desire.

