



# 2009 FIAC NATIONAL CHAMPIONSHIP

## 4-Person

### 60k TEAM TIME TRIAL (59.50km)

### 40k for Juniors

(4 person maximum – 3 person minimum per team)

## SUNDAY, SEPTEMBER 13<sup>th</sup>

Utica, IL

Sponsored By  
**PYOC /  
RRB  
Racing  
Team**

### CLASSES:

#### Open to Women Only

**Women Elite** (category open)

**Women age 40+**

**Women age 50+**

#### Open to both Genders and any combination of both genders

**Elite** (category open)

**Junior Open**, (age 18 & under)

**Master age 30+**

**Master age 40+**

**Master age 50+**

**Master age 60+**

**Master age 70+**

#### Special Eddy Merckz Category (not a FIAC National Championship)

No Aero Bars, Disc wheels, high-profile wheels (38 mm max. rim depth), or TT Framesets.

(Riders on age group team must be at least the minimum Racing age specified for that age group. Teams may consist of any make up of Men or Women except Women classes are for Women only)

### THIS IS A TEAM EVENT

build your Team,

practice your Team Riding,

improve Team Confidence,

know Team Mates Style,

ride Smart & Safely,

finish as a Team.

You can win as a Team!

**YOU CANNOT WIN ALONE;** (Finish time is recorded from the leading edge of the front wheel of the third Team member finishing). **You are no faster than the slowest team mate at any particular time during the race!!**

### ALL RIDERS ON A TEAM >>WEAR IDENTICAL JERSEYS<<

MUST WEAR Helmet while riding bicycle.

**Bicycles** must be no more than 2 meters long and 75 cm wide and must have a working brake on each wheel. Basically a Road, Time Trial or Triathlon bike is acceptable.

**First Team Starts:** At 9:01am and following teams at two-minute intervals thereafter. Start times are assigned in order of postmark or online date and lastly day of event.

Support vehicle is allowed, **No motor-pacing, no interfering or blocking of other teams.**

**Teams may draft within their team but may not draft other teams.**

**Teams may pass other teams when it is safe to pass.**

### Start Line, Registration and Parking area:

Waltham School, 946 N 33<sup>rd</sup> Road, Utica, IL.

Please Carpool - parking is limited - Obey Parking Marshal

**Pre-Race Registration & Entry Fee:** \$100 per Team (day of \$120) Juniors \$60 per Team.

**Online registration** go to: [www.GetMeRegistered.com](http://www.GetMeRegistered.com)

Team Captain on race day brings ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms to registration to receive race numbers.

**By mail:** Team Captain mail in ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms with check payable to "American Bicycle Racing"

Mail to ABR, PO Box 487 Tinley Park, IL 60477-0487.

**Pre-Race Registered number pick up opens:** 7:30 am outside of Waltham School.

Only one team member should come to pick up numbers.

**Day-of Race Registration & Entry Fee:** opens 7:30am \$120 per Team Juniors \$60 per Team

Team Captain on race day brings ALL Team Members signed ABR Entry/Accident Waiver and Release of liability forms to registration with entry fee to receive race numbers.

**AWARDS:**

**To clarify questions:** To win FIAC National Jersey and Medals all riders on a Team **MUST** be an Annual member of **ONE** of these organizations: **ABR, ACA, CBR or OBRA**. **ABR Annual membership is available Online, by mail or day of event. Will be valid through 2010. ABR Annual membership is \$25 and \$10 for Juniors age 18 and under.**

**1st Place:** FIAC National Championship jerseys and award medals each class.

**2<sup>nd</sup> through 5<sup>th</sup>** Place award medals.



**To clarify questions:** Fastest Team prizes are open to all Race Classes, annual and one day members.

**Fastest Team** (from any race class) cash prize:

1<sup>st</sup> \$240, 2<sup>nd</sup> \$200, 3<sup>rd</sup> \$160, 4<sup>th</sup> \$140, 5<sup>th</sup> \$120, 6<sup>th</sup> \$100, 7<sup>th</sup> \$80

**Fastest Women Team** (all riders on Team must be Women) cash prize:

1<sup>st</sup> \$240, 2<sup>nd</sup> \$200, 3<sup>rd</sup> \$160, 4<sup>th</sup> \$140, 5<sup>th</sup> \$120, 6<sup>th</sup> \$100, 7<sup>th</sup> \$80

10027 Skokie Blvd,  
Skokie, IL 60077

**Course:** Start area is at Waltham School, 946 N 33<sup>rd</sup> Road, Waltham Township, and LaSalle County, IL. **THIS COURSE IS OPEN TO TRAFFIC.** Corner Marshal at each turn and two straight through intersection. Finish line is just east of start line. This is an out and back course on mostly flat Illinois farmland roads consisting of asphalt and chip seal road surface in very good condition, which are lightly traveled. Promoter reserves right to adjust course if conditions warrant. Course Map available race day.

**Directions to course:** Take Interstate 80 to Utica exit 81 – IL-178. Go north on IL-178 approximately 3 miles to County highway 33 (N. 33<sup>rd</sup> Road also known as Waltham Wallace Rd) Turn East (right) onto County highway 33 and go 1 mile to Waltham District School at 946 N. 33<sup>rd</sup> Rd.

**Motels, Hotels, Bed & Breakfast:** Ottawa interchange exit of I-80 and IL-23.  
In Utica at interchange exit of I-80 and IL-178

**Camping:** Starved Rock State Park in Ottawa and KOA in Utica.

**Restaurants:** Ottawa at interchange exit of I-80 and IL-23.  
Utica at interchange exit of I-80 and IL-178.

**Toilets:** Portable Toilets will be available at parking area.

**Remember:** WE are Guests. **BUT think of this area as your home, your backyard, and your school.**

What ever you brought with you take it home with you.

**Leave no trace.**

**Questions:** call 708-532-7204 or email [AmBikeRace@aol.com](mailto:AmBikeRace@aol.com)

**Lastly:** Ride Safe, Look where you are riding, ride no closer to your teammate then you feel comfortable.

**Have FUN**



1138 Central Avenue  
Wilmette, IL 60091

# Entry, Accident Waiver and Release of Liability 8/09

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: American Bicycle Racing, Inc., their directors, officers, employees, volunteers, representatives, committee members, members, and agents, the event holders, event sponsors, event directors, event volunteers; and any other party, municipalities or other public entities connected with this event; (B) indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event, arising out of my traveling to or returning from this event.

I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand it's content.

Signature of entrant \_\_\_\_\_ Today's date \_\_\_\_\_

Name, printed \_\_\_\_\_ ABR Member number \_\_\_\_\_

Name of event FIAC - ABR National Championship Team Time Trial Event Date: September 13, 2009

TEAM Time Trial NAME \_\_\_\_\_ Category entered \_\_\_\_\_

OR Age Group entered \_\_\_\_\_ Your age \_\_\_\_\_

Your address \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Your Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Call in case of emergency \_\_\_\_\_ Phone \_\_\_\_\_

## PARENT GUARDIAN WAIVER FOR MINORS (Under 18 Years Old)

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_