



2009 MID-AMERICA TIME TRIAL SERIES®
BRYCE MASTER 20K Individual



Harvard, IL

Saturday, August 1, 2009,

First rider starts 8:30am

ABR permit #2008-079

**MATTs
 RACE CLASSES**

ABILITY CATEGORIES

- Cat. 1-2
- Cat. 3
- Cat. 4

- Women Open
- Women Cat 4

AGE GROUPS

- Juniors 18 and under
- Junior Girls 18 and under
- Master 30+
- Master 40+
- Master 50+
- Master 55+
- Master 60+
- Master 65+
- Master 70+
- Master 75+
- Master 80+
- Women 40+
- Women 50+
- Women 60+
- Women 70+
- Recumbent
- Tandem

COURSE: 20 Kilometers, Start on Flat Iron Rd. (Hwy 16) South of Hwy 173. Southwest on Flat Iron to Mill Rd Return same roads to finish just South of Hwy 173. Roads are open to vehicular traffic.

REGISTRATION:

Entry Fee: ABR Members \$17 or Day of race \$20, Juniors racing Junior category \$5.00, day of race \$5.00.

ABR membership required, purchase one day \$5 or Annual \$25, Junior annual \$10.

Racers who chose to compete in more than one category may race a second time for an additional \$10.

To Pre-Register: By Mail:

Submit ABR Release Form with entry fee payable to:
 ABR
 PO Box 487, Tinley Park, IL 60477-0487

Online Registration: www.getmeregistered.com

If we do not have your registration by Friday, July 31 you are not registered and you will need to register and pay entry fee on the day of the race.

Day of race registration: Will open at 7:00am at Milky Way Park, Harvard, IL

Starting order: Is based on order of registration. First to register is first out. First rider will start at 8:30 am and others follow at one-minute intervals.

AWARDS:

MATTs: Medals awarded five deep in all classes except Tandems, Juniors & Recumbents are three deep. Points awarded towards 2009 MATTs \$6000 in overall Season cash prizes.

ROTY: Points awarded towards Wisconsin \ Illinois Association Rider of the Year

**ADDITIONAL
 RACE CLASS**

Category 5 / Citizen
 Women Cat 5 / Citizen
 5 places each
 Race Time will be used in Cat 4 MATTs and ROTY points
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JUNIOR 14 & UNDER
 Medals for all.
 Race Time will be used in Junior MATTs and ROTY points

SRAM.
 Rider of the Year



Rider raffle for Profile bars

Overall Fastest Riders:

Fastest Man Std bike \$40, \$30 2nd, \$25 3rd, \$20, 4th, \$15 5th.
 Fastest Woman Std bike \$40, \$30 2nd, \$25 3rd, \$20, 4th, \$15 5th.
 Fastest Recumbent & Tandem \$40, \$30 2nd, \$20 3rd.
 One award per rider

Home of Milk Days

June 5, 6, 7, 2009 Harvard, IL
 68 years celebrating
 PURE WHITE and DARK CHOCOLATE

Neutral Support



DIRECTIONS to HARVARD: Hwy 14 to Hwy 173 (on the South Side of Harvard, Illinois) Take Hwy 173 West about 2 miles to the Milky Way Park, 300 Lawrence Rd, Harvard, IL 60033 Turn right (North) onto Lawrence Rd to parking area.

Questions: email: abrlund@aol.com or website www.ambikerace.com or call 708-532-7204

Please remember that we are guests of the folks of Harvard, McHenry County and Boone County.

BE CAREFUL CROSSING HWY 173