



Athletes By Design Cycle Club presents the

ABD 40K 2-Person Time Trial

Garden Prairie, IL

Saturday, May 9, 2009

Part of the 2009 Mid America Time Trial Series
Profile Designs, Serfas Component & T-shirt Raffles!



prairie path cycles



Registration Opens @ 8 AM at the

Kishwaukee School

1/4 Mile North of Route 20 & Garden Prairie Rd.

WHEN: Saturday, May 9th; racing starts at 9:01 am with the first team. Check-in starts at 8:00am. **Teams start at two-minute intervals.**

WHERE: Garden Prairie, IL

FEES: Pre-Registered: \$40 per team for Adults, \$25 for Juniors. Day of race registration: \$50 per team for Adults, \$30 for Juniors.

REGISTRATION:

TEAMS MUST REGISTER TOGETHER either at www.Active.com or by Mail. (**If registering by mail include release forms & payment for both riders**)

Send ABR Release forms for both riders (available at www.ambikerace.com) and entry fees payable to: ABD – MATTs 40k TT

6850 N. Lincolnwood Dr.
Lincolnwood, IL 60712

Online registration closes on May 4th @ Midnight! Mail entries postmarked after May 2nd will not be accepted.

Day of Race Registration will be available for start times on a first come, first serve basis.

AWARDS: Medals to the top 3 teams in each category. Points awarded towards 2009 MATTs Series. Profile, Sigma & T-shirt raffles for all categories. *Medals will be available on-site after final results have been tallied as well as at future MATTs events.*

DIRECTIONS: (from I-90-South of Rockford): Exit at Genoa Rd. (north). Genoa Rd north to HWY 20. Turn right (East) on HWY 20 to Garden Prairie Rd. North on Garden Prairie Rd. approx. 1/4 mile to school. Park in the school parking lot. Please do not park on Garden Prairie Rd or Highway 20.

MATTs Categories		Citizen Categories	
MEN	WOMEN	MEN	WOMEN
Jr. 15 and Under*	Jr. 15 and Under*	15 & Under	15 & Under
Jr. 16 and Over*	Jr. 16 and Over*	16 & Over	16 & Over
Men 1/2	Women Open	19-29	19-29
Category 3	Women 4		
Category 4		30-39	30-39
30+ 65-69	40+		
40+ 70-74	50+		
50+ 75-79	60+	40-49	40-49
60-64 80+	70+		
Tandem	Recumbent	50+	50+

Pre-Race Entry Confirmation

Start Times for entries received & confirmed by May 5th will be posted on the ABD Cycling website by Wednesday, May 6th. (Please remember that entries postmarked after May 2nd can not be accepted.) On-site registration opens at 8 AM on race day.

Race Information and Updates

www.ABDcycling.com, Twitter ID: abdcycling
Contact Email: abdcycling@gmail.com

The MATTs 40K 2-Person TIME TRIAL— Garden Prairie is held under permit of the American Bicycle Racing (ABR) and is part of the 2009 Mid America Time Trial Series.