

DICE

BARSTOW 20K Time Trial 18 May 2008

TOI/W and ROTY points and QCBC Club Championship

RESULTS

I would like to thank everyone for coming out this last Sunday for the Eighth Annual DICE 20K TT Championships. We had 51 people doing 54 rides, which was down from 113 last year. The weather was cool, sunny, and 55 degrees with a NW wind between 12 and 23 mph. Therefore, it must have been the gas prices keeping people from traveling. I'd like to thank my volunteers Lisa Wessling, Jennifer Ainsworth and Rebecca Carroll for doing registration, Dan Carroll for helping me with course set-up, Mike Desch as the starter, Frank Martin as the wrangler, Bill Minard as the holder, and Bob Lundberg as our official. Despite having a windy day...a new course record was set for the men with Bryce Mead from Jelly Belly coming down from Sterling, IL to set a blistering 25:18.42 with a speed of 29.47 mph and a pace of 2:02.2 min/mile, awesome job Bryce! Then he rode back to Sterling by bike! Paul Deninger held the previous course record at 26:13. The womens overall winner was Karen Stierler from Bike Tech coming over from Coralville, IA with a 31:29.81 and 23.67 mph, awesome job Karen!! The QCBC winners were John Grice with a 28:35.98 and Margaret Millar with a 37:05.06...great job you two!! Now on to the rest of the results!

| Race Class | Last Name | First Name | Time | Speed (MPH) | Pace (min/mi) | City | State | Team |
|-----------------|-------------|------------|----------|-------------|---------------|----------------|-------|-----------------|
| Category | 1 2 | | | | | | | |
| 1 | Mead | Bryce | 25.18.42 | 29.47 | 02:02.2 | Sterling | IL | Jelly Belly |
| 2 | Shaffer | Dan | 27.26.81 | 27.17 | 02:12.5 | Ely | IA | Iowa City CC |
| Category | 4 | | | | | | | |
| 1 | Dodson | Dan | 29.48.47 | 25.02 | 02:23.9 | Palatine | IL | North Branch |
| 2 | Hamm | Eric | 30.35.09 | 24.38 | 02:27.7 | Ottumwa | IA | 2 Bee Racing |
| 3 | Davison | Matthew | 31.20.47 | 23.79 | 02:31.3 | Davenport | IA | None |
| 4 | Shaffer | Nic | 31.47.31 | 23.46 | 02:33.5 | Marion | IA | Midwest Extreme |
| 5 | Sonkin | Randy | 34.56.71 | 21.34 | 02:48.7 | Mount Prospect | IL | Apache |
| Junior | Open | | | | | | | |
| 1 | Mann | Chris | 30.43.61 | 24.27 | 02:28.3 | Muscatine | IA | None |
| 2 | Hanson | Jordon | 41.12.69 | 18.09 | 03:19.0 | East Moline | IL | None |
| Master | 30+ | | | | | | | |
| 1 | Bishop | Chad | 26.16.38 | 28.38 | 02:06.8 | Muscatine | IA | Harper's Racing |
| 2 | Monson | Bill | 27.52.53 | 26.75 | 02:14.6 | Colona | IL | Dice |
| 3 | Monson | Bill | 31.11.36 | 23.91 | 02:30.6 | Colona | IL | Dice |
| 4 | Furnas | Eric | 31.14.68 | 23.87 | 02:30.8 | Muscatine | IA | None |
| Master | 40+ | | | | | | | |
| 1 | Grice | John | 28.35.98 | 26.07 | 02:18.1 | Kewanee | IL | None |
| 2 | Wohlford | Kevin | 30.26.62 | 24.49 | 02:27.0 | Eldridge | IA | DICE |
| 3 | Kruse | Scott | 30.41.33 | 24.30 | 02:28.2 | Bloomington | IL | Proctor |
| 4 | Solis | Rick | 32.48.05 | 22.73 | 02:38.4 | Davenport | IA | None |
| 5 | Dethlefs | Walter | 33.50.14 | 22.04 | 02:43.4 | Geneseo | IL | DICE |
| 6 | Bolkema | Cal | 33.52.88 | 22.01 | 02:43.6 | Davenport | IA | None |
| 7 | Campbell | Mike | DNF | Flat | | Peoria | IL | None |
| Master | 50+ | | | | | | | |
| 1 | Shaffer | Dan | 26.36.19 | 28.03 | 02:08.4 | Ely | IA | Iowa City C. C. |
| 2 | Rodgers | Richard | 28.43.76 | 25.96 | 02:18.7 | Sterling | IL | None |

| | | | | | | | | |
|------------------|-------------------|----------|----------|-------|---------|-----------------|----|-------------------|
| 3 | Dial | Chris | 31.34.45 | 23.62 | 02:32.4 | Arlington Hgts | IL | Mid South Velo |
| 4 | Reid | Brad | 31.49.24 | 23.43 | 02:33.6 | Normal | IL | Team Mack |
| 5 | Haussler | Dave | 31.56.26 | 23.35 | 02:34.2 | Coal Valley | IL | DICE |
| 6 | Giudici | Mike | 32.29.67 | 22.95 | 02:36.9 | Davenport | IA | DICE |
| 7 | Thompson | Bob | 32.33.79 | 22.90 | 02:37.2 | Davenport | IA | None |
| 8 | Dodson | Kevin | 32.49.09 | 22.72 | 02:38.4 | Rock Island | IL | None |
| 9 | Noble | Brad | 33.11.54 | 22.47 | 02:40.2 | Davenport | IA | None |
| 10 | Perry | Bruce | 33.12.01 | 22.46 | 02:40.3 | Davenport | IA | None |
| 11 | DeCoster | Patrick | 33.35.60 | 22.20 | 02:42.2 | East Moline | IL | None |
| 12 | Benson | Mike | 33.42.79 | 22.12 | 02:42.8 | Bettendorf | IA | DICE |
| 13 | Stern | Marvin | 34.00.84 | 21.92 | 02:44.2 | Sterling | IL | None |
| 14 | Tillotson | James | 36.18.78 | 20.53 | 02:55.3 | Bettendorf | IA | None |
| 15 | Davison | Daryl | 36.32.02 | 20.41 | 02:56.4 | Maquoketa | IA | None |
| 16 | Tillotson | James | 37.06.87 | 20.09 | 02:59.2 | Bettendorf | IA | None |
| 17 | Swanson | Scott | 39.50.22 | 18.72 | 03:12.3 | Silvis | IL | DICE |
| Master | 60-64 | | | | | | | |
| 1 | Evans | Stephen | 29.30.54 | 25.27 | 02:22.5 | Blandinsville | IL | Bike Burlington |
| 2 | Schultz | Craig | 30.55.52 | 24.11 | 02:29.3 | Davenport | IA | None |
| 3 | Erps | Tom | 32.03.85 | 23.26 | 02:34.8 | Bettendorf | IA | DICE |
| Master | 65-69 | | | | | | | |
| 1 | Goodger | Bill | 33.10.75 | 22.47 | 02:40.2 | San Luis Obispo | CA | Midwest Masters |
| 2 | Burke | Terry | 33.40.84 | 22.14 | 02:42.6 | Moline | IL | QCBC |
| 3 | Bay | Frank | 37.09.39 | 20.07 | 02:59.4 | Milan | IL | None |
| Master | 70-74 | | | | | | | |
| 1 | Keller | Richard | 34.39.69 | 21.51 | 02:47.3 | Oconomowoc | WI | Midwest Masters |
| Recumbent | | | | | | | | |
| 1 | Johnson | Tyger | 26.31.25 | 28.12 | 02:08.0 | Dakota | IL | Cars-R-Us |
| 2 | Nicodemus | Richard | 32.44.81 | 22.77 | 02:38.1 | Orangeville | IL | Chainlink Cyclist |
| 3 | Boettner | David | 42.34.70 | 17.51 | 03:25.6 | Freeport | IL | Cars-R-Us |
| Women | Master 40+ | | | | | | | |
| 1 | Stierler | Karen | 31.29.81 | 23.67 | 02:32.1 | Coralville | IA | Bike Tech |
| 2 | Mann | Connie | 31.33.41 | 23.63 | 02:32.4 | Muscatine | IA | None |
| 3 | Castro | Amy | 33.08.46 | 22.50 | 02:40.0 | Bettendorf | IA | None |
| 4 | Burnham | Marta | 33.25.94 | 22.30 | 02:41.4 | Pleasant Valley | IA | None |
| 5 | Millar | Margaret | 37.05.06 | 20.11 | 02:59.0 | Moline | IL | None |
| 6 | Fieweger | Sheri | 38.13.71 | 19.51 | 03:04.6 | Rock Island | IL | None |
| Women | Master 50+ | | | | | | | |
| 1 | DeCoster | Clara | 43.12.17 | 17.26 | 03:28.6 | East Moline | IL | None |

Do not forget that this weekend is the Memorial Weekend Bike Races finishing off with the Quad Cities Criterium. Then on July 12th and 13th, I will be putting on the Mississippi Bluffs Road Race and the DICE Cordova MATTS/ROTY and QCBC Club Championships 40k Time Trial. Details are on my web site at www.DiceTraining.com and DICE Cycling's web site www.dicercycling.com. Have a safe weekend of racing and we hope to see you racing soon! Thanks again!

Best Rides,
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