



IT'S HAMMER TIME!!

Cadence Multisports, LLC and [Gear West](#) are pleased to announce the 4th Annual Tuesday Night Time Trial Series. We have 8 races on the schedule for the 2008 season and we once again welcome all roadies, triathletes, time-trialists, and anyone else who thinks that they're fast to put the rubber to the road and show us their stuff.

The Draft Legal Team TT is back for a third season! We had even more teams come out last year and we're hoping to up the competition even more this year with the addition of a 4th team night. Gear West holds the current TTT course record of 21:30.7, but word on the street is there are some teams up for the challenge and looking to be crowned as kings of the pace line in '08.

Schedule

May 13th - Post race pizza and soda sponsored by [Dig IT Tri](#).

May 27th (*)

June 10th

June 24th (*)

July 8th (*)

July 22nd

August 5th (*)

August 19th

(*) = Team TT event in addition to the individual TT. Teams will go first to allow for any team participants to partake in the individual competition if they desire.

Tuesday Night Time Trials begin promptly at 7pm. Please arrive early enough to allow yourself a proper warm-up and to register if you're not already pre-registered. Race-day registration will be at the tent located in the back parking lot of The Holy Name of Jesus Church located at 155 County Rd 24, Wayzata, MN, just West of the race start and finish line. Participant parking is also available in the Church lot. Race day registration opens at 6:00pm and will close at capacity and/or 6:50pm. **NO EXCEPTIONS.**

Pre-registration for all our events is now open. You can register online at [Gear West](#) or mail in a [printable entry form](#). Race day registration is also available starting at 6:00p.m. and running until rider capacity is met or 10min prior to the start of the event. Due to sunset times and rider safety we are capping all events at 75 riders. We therefore do encourage participants to sign up in advance as we can't guarantee that we will have open spots on race day. You will also get a discount again this year for registering in advance for the series (either on-line or via mail-in).

Race Info

Time Trialing is a sport that is enjoyed by young and old alike. Its popularity lies in the fact that every rider can set his or her own standards and, unlike other forms of racing, nobody gets the feeling that they are being left behind. In a time trial, you may finish many minutes behind the event winner, yet have the satisfaction of recording a personal best time. Thus, time trials are unique, in that it is possible for everyone to be a winner.

Who Can Participate?

As long as you have a bike, a helmet, and are at least 10 years old you can come out and race at the T'N'T. (under 18 must have a parent/legal guardian sign a waiver)

Course Description

The T'N'T series is held on an 11 mile out and back course along the smooth, fast, and rolling roads of County Road 24 in Medina, MN. Tuesday Night Time Trials are a [ABR Sanctioned Event](#) and all ABR Time-Trial rules will be enforced. The course is NOT closed to traffic, however, the turn around is controlled by Medina Law enforcement and T'N'T event staff. The event is a [RIDE AT YOUR OWN RISK](#) and all cyclists must observe and obey all [Minnesota Traffic Laws](#) and wear a certified snell or ANSI hard-shelled helmet while on the bike at all times.

[Click here](#) for course map and elevation profile.

Proceeds

It is the mission of Cadence Multisports, LLC to produce quality events that give back to the multisport community and the communities that support our events. Race proceeds are used to fulfill this mission and help support the Medina Reserve Law Enforcement, and other local charity and community groups. We thank you for your support!!

Registration

T'N'T has an entry capacity of 75 riders (not including teams) per Time Trial. We strongly recommend that you register online and in advance to ensure that you have a spot come race-day. Pre-registration for all our events is now open and you can register online at [Gear West](#) or mail in a [printable entry form](#). Race day registration is also available starting at 6:00p.m. and running until rider capacity is met or 10min prior to the start of the event.

Note: Online Registration (aka "early registration") will close at 11:59pm the night before each event.

2008 Entry Fees

Individual Entry

\$13 Per Event, Early Registration

\$15 Per Event, Race Day Registration

\$85 For Series (8 races)

Team Entry (Draft Legal)

\$40 Per Event, Early Registration

\$50 Per Event, Race Day Registration

\$135 For Series (4 races)

What is a team entry? Good question. We're going to do 4 team TT's in addition to our 8 individual TT events this year. Get a group of 3-5 riders together and compete against other teams in a draft legal format. The third member of your team to cross the line will count as your team's time for the race. We will have men's and women's division. Teams must post times in at least 3 of the 4 events to be eligible for the TTT point standings.

[online registration](#)

[printable entry form](#)

Note: Online Registration (aka "early registration") will close at 11:59pm the night before each event.

All participants must sign and date an ABR (American Bicycle Racing) [waiver](#) before each event in order to participate.

Refunds

We're sorry but there are absolutely no refunds for T'N'T.

[Directions](#) to Holy Name Church.

Awards

Overall series awards will be given out to the top 5 male and female point leaders for the series.

Individual/Age-Group awards will go to the top male and female point leaders (using your best 5 of 8 finishes), in each age group as follows:

15" & "Under

16-19

20-29

30-39

40-49

50-59

60+

Team awards will go to the top male and female team point leaders (using your best 3 of 4 finishing times).

POINTS

Individual Points: will be awarded to every individual cyclist who completes the TT. 100pts will be given to the fastest time for each of the 8 series races with all other cyclists receiving a percentage of 100pt based on the variance of their time to the winning time.

Bonus Points: Riders will receive a maximum of 10 bonus pts. 5 bonus pts each for the 6th and 7th race they finish.

For example:

Individual Pts:

Winning time: 25:00:00 = 100pts

Cyclist 2 time: 28:00:00 = 89pts $((25/28)*100)$

Cyclist 3 time: 35:00:00 = 71pts $((25/35)*100)$

Team Pts: Will be calculated by using the time of third team cyclist to cross the line with the same format as the individual competition

Individual participants must participate in a minimum of 5 events and teams in a minimum of 3 events to be eligible for awards.

All participants are eligible for any weekly prize giveaways from [Gear West](#) and other sponsors following the event.

Directions

The race begins just West of Hunter Rd and County Rd 24, just minutes north east of Gear West Bike and Triathlon and about 15miles west of downtown Minneapolis, MN. [Directions "&" Map](#)

Volunteers

Not racing? Just here to support your family or friends? Get a front row seat as a volunteer. Volunteers will be needed throughout the event to help with directing spectators and participants on and off the course, passing out refreshments after the race and assisting police officers with traffic control during the event. All volunteers receive an entry into our raffle drawings and a big thank you!! To volunteer or for more information, please [contact](#) our volunteer coordinator today.

Results

Course Records

Team TT: Gear West II - 21:30.7, 30.68mph -- June 20th, 2006

Male: Doug Swanson - 22:35.0, 29.22mph -- August 14th, 2007

Female: Teresa Moriarty - 25:29.0, 25.90mph -- August 2nd, 2005

Contact Us

Tuesday Night Time Trials c/o
Cadence Multisports, LLC
3025 Utah Ave N
Crystal, MN 55427
763-205-5686
cadencemultisports@gmail.com

Race Director
Brian Rosenberg
952-212-6741
cadencemultisports@gmail.com

<http://www.cadencemultisports.com/tnt.html>

more info, pictures, results, etc