Indiana Stage Race

August 25 & 26, 2007

Over \$4700 in cash and prizes awarded!

Presented by UBuildIt.com & Zipp & RHI







Ft. Ben Road Race August 25, 2007

CATEGORY	START	DURATION	ENTRY	AWARD	
Citizens & Clydesdale	8:00 a.m.	65 minutes	\$25.00	***	
Women & Women 60+	8:01 a.m.	65 minutes	\$30.00*	***/ <i>Top 5</i>	
MAS 60+, 65+, 70+, 75+, 80+	9:05 a.m.	90 minutes	\$30.00*	Top 5	
MAS 3\4	9:05 a.m.	90 minutes	\$30.00*	***	
MAS 35+	10:30 a.m.	90 minutes	\$30.00*	***	
Hand Cycle Division	Noon	45 minutes	\$30.00*	***	
CAT 4	12:50 p.m.	90 minutes	\$30.00*	***	
CAT 1-2-3*	2:30 p.m.	90 minutes	\$30.00*	\$200/4	
*Includes ABR Insurance *** CAT 3's scored separately					

Course A 2.5 mile loop that travels around 2 lakes and through deep woodlands. This course contains all the elements of a fun venue: uphill, downhill, turns, & good scenery. Come under the big top and get some cold drinks and popcorn.

Location

Ft. Benjamin Harrison State Park is located on the NE side of Indy. Take I-465 to the NE side, get off at exit 40, and take 56th Street East. Travel ~1.8 miles then turn left onto Post Road. Go to the end of the road (0.4 miles) and turn left into Ft. Harrison State Park. Follow Signs. Free admission to the park for racers.

Register

Begins at 6:35 a.m. Pre-registration entries may be mailed to BreakAway Promotions L.L.C. (make checks payable to BAP), P.O. Box 933, Mooresville, IN 46158 or register online at www.bikereg.com \$15.00 to do a second race on the same day.



Bike Wave 5 Mile Time Trial				
When	Start times will be assigned at Ft. Ben race registration. First rider will go off at 4:30 p.m. All racers will have the option of going out of the IRS trailer. If inclement weather persists, the TT will be postponed to early Sunday morning at 6:15 a.m. before the Fairgrounds Race.			
Where	An out and back course along Fall Creek Parkway. First rider will go off at 4:30 p.m. with the rest to follow in 30-second intervals. Rider's start time will be contingent on when they sign up at the Ft. Ben Race. Not a closed course.			
Parking	At the Woodbridge Office Building, 5435 Emerson Way, near O'Malia's and CVS. Park around the Woodbridge Office Building and then ride your bike to the TT using the bike path at the east end of the parking lot to take you under the road. Start/Finish line is about ¼ mile from there - look for signs. A great setting to move fast through the nice homes on Fall Creek Parkway. Very important: follow the signs to the TT from Ft. Ben RR! Do not drive on the TT course! TT is on E. Fall Creek Parkway N. Go to cvs.com and enter zip 46226E. Fall Creek Parkway for directions.			
Awards	A total of 30 IRS points will be awarded to the top finisher, 2 nd place will get 29 points, 3 rd place will receive 27 points, etc. all the way down to 30 th place -1 point for that. In addition, bonus points will be awarded to the top 3 riders in their respective category (5,3,1).			
Cost	Part of the Indiana Stage Race. If done separately, then \$10.00 per rider.			

Indiana State Fairgrounds Crit August 26, 2007

CATEGORY	START	DURATION	ENTRY	AWARD
Citizens & Clydesdale	8:00 a.m.	50 minutes	\$25.00	***
Women & Women 60+	8:01 a.m.	50 minutes	\$30.00*	***/Top 5
MAS 3\4 & MAS 60+, 65+,70+,75+,80+	9:00 a.m.	60 minutes	\$30.00*	***/Top 5
MAS 35+	10:00 a.m.	60 minutes	\$30.00*	***
Hand Cycle Division	11:05 a.m.	50 minutes	\$30.00*	***
CAT 3	Noon	60 minutes	\$30.00*	***
Youth Races (helmet a must!): 5 to 8 years old 9 to 12 years old 13 to 16 years old	1:00 p.m.	½ lap 1 lap 1 lap	FREE	Awards
CAT 4	1:10 p.m.	55 minutes	\$30.00*	***
CAT 1-2-3	2:10 p.m.	70 minutes	\$30.00*	\$200/4
Tandem	3:25 p.m.	45 minutes	\$30.00*	Top Team

Course

A 1.5 mile loop with some sweeping turns.

Location

In Indianapolis, about 7 miles N of downtown off of Fall Creek Parkway and 38th Street. Enter off of Fall Creek Parkway.

Register

Begins at 7:00 a.m. Pre-registration entries (make checks payable to BreakAway Promotions LLC) may be mailed to: BreakAway Promotions L.L.C., P.O. Box 933, Mooresville, IN 46158 or register online at active.com Only \$10.00 to do a second race on the same day.

Indiana Stage Race

Overall Awards 2007

CATEGORY	AWARD
CAT 3	\$500/9
CAT 4	\$700/10
MAS 35+	\$800/10 2 spots reserved for 50+
CAT 1-2-3	\$150/4 Part of the Zipp Team Challenge
Women	\$300/5
Citizens	\$200 gift certificates/4 + A bike fit by Vern LaMere to the overall winner and a lactate threshold test to the 2 nd place person!
Clydesdale	Award top 1—Food!
MAS 3\4	\$700/10
Hand Cycle	\$1000/TBD
MAS 60+, 65+, 70+, 75+, 80+	Award top 1

Things to Know:

- 1. You must do all 3 stages to be eligible for overall awards.
- 2. The person with the highest point totals (based on IRS points) wins in their respective category. The TT will count as third of the normal IRS points. Tie-breaker will be based on Indiana State Fairgrounds placing.
- 3. Upon registering at the Ft. Ben Race, you will receive your TT start time. TT course is out-and-back for a sum of roughly less than 5 miles. Great road to hammer on! A few miles from Ft. Ben. New this year: the TT will be done in 2 waves so that racers don't have to hang out all day.
- 4. Cost is \$65.00 for all 3 stages. Cost per stage if not noted is \$30.00 which includes ABR Insurance, etc. TT cost is \$10.00. Hand Cycle racers cost is \$60.00. Weekend is part (road race and crit) of the Zipp Team and Individual Challenge!
- 5. Free popcorn, fruit, and drinks.
- 6. Field sizes need to at least cover the prize money awarded. Point Primes will be awarded as well during the criterium and road race.
- 7. Hand cyclists contact Michele Sheets @ misheets@aol.com for more information about AHS points and the Hand Cycle Division.