



QUAD CITIES BICYCLE CLUB TIME TRIAL CHAMPIONSHIP
20 KILOMETER
Barstow, Illinois
May 22, 2005



Welcome To the 6th Annual Quad Cities Bicycle Club Time Trial Championship.
Race #3 on QC Multisport Grand Prix.

Part of TOUR OF ILLINOIS & WISCONSIN & WIIL Rider Of The Year.

TIME: Sunday May 22, 2005. 1st RIDER starts 9:01 AM. All registered racers will receive Custom Made QCBC TT Cycling Socks.

CONTACTS: Dave Thompson 309-764-5030 or Dave_Thompson@QCRacingevents.com
www.QCRacingevents.com

LOCATION: Barstow, Illinois. Just outside East Moline. Registration and Awards at Barstow Fire Dept.

REGISTER: Race Day registration will be held From 7:45 AM-9:00 AM at Barstow Fire Dept. Late fee in effect after 5/16 except for QCBC members.

SANCTION: This is an American Bicycle Racing Sanctioned event. You must have an ABR Annual License or purchase a Annual or 1-Day License.

COURSE: 20k, out and back course, dead flat following Rock River Valley, no turns, Turn around on road, can be windy.

COURSE RECORDS: Paul Deninger/Iowa City, IA 26:21 Jane Rinard/Menona, WI 30:25

DIRECTIONS: From I-88 East, follow I-88 into east Moline where it turns into RT 5. at second stop light [Barstow Road] turn left and follow 2m to s-curve. Barstow is on left. from I-80 exit at I-88/RT 5 exit and go into East Moline. from QC, take John Deere Expressway through QC into SILVIS, exit right onto Barstow RD.

Parking: Do Not Park at Fire Dept., park on City streets or Grade School 1 block away.

RACE RULES: Riders will go out in 1-minute intervals starting at 9:01 am sharp. Riders will go out in order of registration, first signed up, first out. All ABR rules are in effect. You must wear a helmet. No drafting! We will provide a holder at start line. Call out your race number at finish. You must wear your race # on right side. Race will be held, rain or shine.

AWARDS: Trophies to TOP 3 Overall/Top Master. Trophies in following Categories and Age-Groups, followed by # of Awards in []. MEN: Junior [3] OPEN [5] Cat 3 [5] Cat 4 [5] 30-39 [5] 40/44 [5] 45/49 [5] 50/54 [5] 55/59 [5] 60/64 [5] 65/69 [5] 70+ [5]

WOMEN: Junior [3] OPEN [5] Cat 4 [5] 40/49 [5] 50/59 [5] 60+ [5]

ENTRY FEES: Pre-registered ABR Member \$10
Pre-registered with 1 day license \$14
Race-day ABR Member \$13
Race-day w/1 day license \$17
No late fee for QCBC Members.

MAIL TO: QCBC 2330 15th Ave., Moline, IL 61265 Checks payable: QCBC

LODGING: Modernistic Motel 242 46th St. Moline [7m from Barstow, 18m from Cordova] 309-762-0721
Plaza Motel 1320 1st Ave Silvis [3m from Barstow, 17m from Cordova] 309-792-0677 Super 8 Motel 2201 John Deere Rd. Carbon Cliff [3.5m from Barstow, 17m from Cordova] 309-796-1999 lone star inn 701 N. Cody Rd. Leclaire, Iowa [10m from Cordova] 563-289-5877.