

# *The 36<sup>th</sup> Annual* **Mt. Hamilton Challenge & Ascent Bicycle Tours**

**Presented on April 30, 2005**

**by the Pedalera Bicycle Club**

**Proceeds benefit the Lance Armstrong Foundation**



## **Important Differences About These Tours**

- Riders must provide their own food. The tour organizers will transport it to the rest stops.
- The Mt. Hamilton Tours are designed for experienced cyclists. The beginning century rider is urged to wait a year.

**The Challenge Tour** is a strenuous tour for the experienced cyclist with hill climbing ability. There are four distinct challenges: The 4000 ft. climb to the top of Mt. Hamilton, the 1000 ft. climb of Eylar Ridge on the “back side” before the run to Livermore, the 1000 ft. climb past Calaveras Reservoir, and finally the real test - the finishing 10 miles - usually into the teeth of a 20 mph gale! The distance is about 125 miles; total climbing is over 8000 ft.

**The Ascent Tour** is the hill climbing tour for those with limited time or less experience or stamina. (Wise Challenge riders who find that they have overtaxed their endurance change their plans at the top and complete the Ascent.) With its ride to the top of Mt. Hamilton, descent of the front side and pull back against the headwind, this 68 mile ride is easily the equal to any “flatland” century.

**Start/Finish Location & Time:** Adrian Wilcox High School at 3250 Monroe St, Santa Clara will be the tour headquarters and start/finish. It is located just south of US 101 and Central Expressway between Lawrence Expressway and Bowers Ave. Note that this is the same start location as last year. See the map on page 2 for directions. Headquarters will open at 6:00 A.M. Last allowable start is 8:30 A.M.

**Riders Bring Food:** Bring the food you will need securely packaged in separate bags for the three different rest stops, each marked with your name. At the start you will put your food packages into the appropriate bags. The food will be delivered to the rest stops. Water and drinks at each stop will also be provided.

## **Tour Rules**

1. Riders must provide their own food.
2. Riders must carry a spare tube, tubular or tire repair kit, pump, water bottle, at least \$3.00 and a medical plan card, if applicable. ANSI, ASTM or Snell-approved helmets are mandatory!
3. Bicycles must have front and rear brakes, a freewheel and plugged bar ends. Bicycles must pass a stiff safety inspection, including the condition of cables, brake blocks, tire tread, brake adjustment, and handlebar and seatpost fixing bolts. Repair facilities may be available to assist riders who encounter mechanical problems at the ride start.
4. The applications of riders under the age of 18 must be signed by parent or guardian. Minors must also bring with them the medical authorization and consent form, completed and signed. Don't mail it - bring it with you and carry it on the ride.
5. Riders must obey when ordered to retire by a sag driver, after they have fallen behind the posted rest stop, check-point schedule. Riding is limited to daylight hours. Riders must check in at tour headquarters when they finish the ride, or if they abandon the ride. We keep track of every rider.
6. No private sags are allowed.
7. Riders shall comply with applicable and current laws of the State of California. Riders who must run lights and block traffic unnecessarily should stay at home.
8. MT. HAMILTON ROAD AND MOST OF THE OTHER ROADS ON THE RIDE ARE NARROW AND FULL OF BLIND CURVES. RIDE SINGLE FILE AND SPREAD OUT SO MOTOR VEHICLES CAN PASS EASILY. SOCIALIZE AT THE CHECKPOINTS!

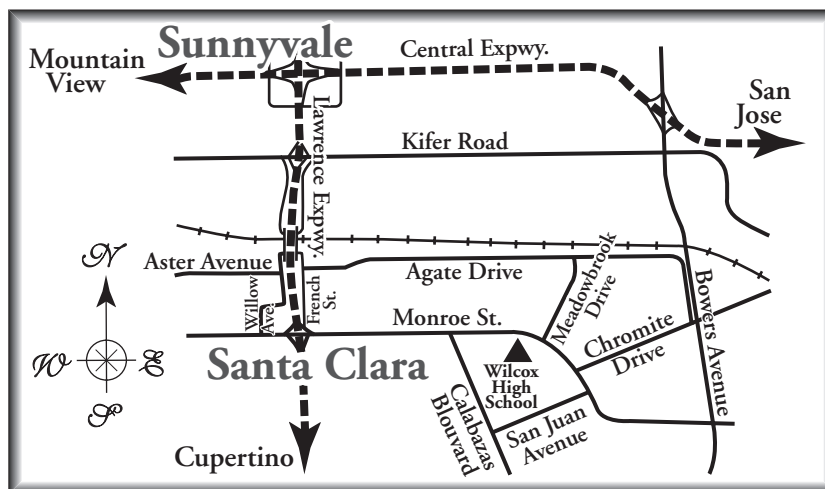
This is not a race and no record of times is kept. No prizes for speed. Relax and enjoy the wildflowers!



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**Finding “Adrian Wilcox High School” in Santa Clara:** The map locates Wilcox High School at 3250 Monroe St. in Santa Clara, just south of Central Expressway between Lawrence Expressway and Bowers Ave. It is the start/finish, and will be tour headquarters for the entire day of the ride. Parking is available in the school parking lot. In driving to the area on Bayshore (US 101), take the Lawrence Expressway exit south to Monroe Street and turn left to the east. Wilcox HS will be on your right after a half of a mile.

**Times:** Headquarters will open at 6:00 AM. The last allowable Ascent and Challenge start is 8:30 AM. Checkpoint #1, Lick Observatory on top of Mt. Hamilton, will not open until 8:30 AM. Ascent riders may not start their return descent from CP#1 before 11:00 A.M., and must leave there by 2:00 P.M. Challenge riders must leave CP#1 by 12:15 PM, must leave CP#2 (Arroyo Mocho) by 3:00 PM, and must leave CP#3 (Pleasanton) by 5:00 PM. The last allowable finish is 7:30 PM. Riding is limited to daylight hours. Please check in when you finish; we keep track of every rider.

**Patches:** Year - 2005 date tags will be given to the first 500 registrants finishing either tour. Colorful Ascent and Challenge patches will be sold at near cost

**Riders Bring Food:** Here’s how it works: Bring your food bags to the start (3 for the Challenge, 1 for the Ascent) marked with your name. At the start put your food packages into the plastic shipping bags marked for Mt. Hamilton, Arroyo Mocho, and Pleasanton. Each destination will have several numbered bags — note the numbers for easy recovery at the rest stops. The food, plus water and drinks, will be delivered to the designated rest stops before your arrival.

**Additional Support:** Sag wagons, first aid units, and radio communication vehicles will be stationed around the course. All will carry water. If you have a problem, stop at the first support vehicle you encounter or tell a fellow rider to convey the message. If the people in the first vehicle contacted can’t help you they will find someone who can.

**No Private Sags:** Each car on the miles of narrow winding roads with many blind curves is an aggravation to cyclists, and cyclists are a frustration to drivers. If you feel you must be supported by a private sag, you are not ready for Mt. Hamilton!

#### KEEP THIS PART

(Minor to carry on the day of the ride. DO NOT MAIL! Leave “does authorize\_\_\_” blank)

### MEDICAL AUTHORIZATION AND CONSENT FOR MINOR RIDER Pursuant to California Family Code, Section 6910

Name of minor \_\_\_\_\_ Birthdate \_\_\_\_\_

The undersigned does authorize \_\_\_\_\_ or such substitute as he may designate, as agent for the undersigned to consent to any x-ray examination, anesthetic, medical, dental, or surgical diagnosis or treatment, and hospital care for the above minor, which is deemed advisable by and to be rendered under the general or special supervision of any physician, licensed under the provision of Medicine Practice Act, or any dentist licensed under the Dental Practice Act, whether such diagnosis or treatment is rendered at the office of said physician or dentist, at a hospital, or elsewhere. This authorization will remain effective while the above minor is enroute to or from, involved or participating in the Pedalera Bicycle Club Mt. Hamilton events, unless revoked in writing by the undersigned and delivered to the aforesaid agent.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

MAIL THIS PAGE

# Application for the 36th Mt. Hamilton Challenge and Ascent Bicycle Tours

April 30, 2005

NOTICE! THIS ENTRY BLANK AND RELEASE FORM IS A CONTRACT  
WITH CONSEQUENCES. READ IT CAREFULLY BEFORE SIGNING!

In consideration of the acceptance of my application for entry in the above event, I hereby freely agree to and make the following contractual representation and agreements.

I fully realize the dangers of participating in a bicycle ride and other cycling activities and I voluntarily assume all the risks associated with such participation.

I understand these risks include, by way of example and not limitation, the following: the dangers of collision with pedestrians, spectators, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety equipment, and weather conditions; property damage or loss; and the possibility of serious physical injury, pain, mental trauma or death.

For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively referred to as "successors" in this document), I release, forever discharge and agree not to sue the Pedalera Bicycle Club, Adrian Wilcox High School, the LMER Amateur Radio Club, American Medical Response, the University of California, Santa Cruz, and the Regents of the University of California, the cities of Sunnyvale, Santa Clara, San Jose, Milpitas, Livermore, and Pleasanton, the counties of Alameda and Santa Clara, together with the assignees, officers, agents, employees, and officials of any or all of them and their successors, from any and all liability, claims, loss, cost or expense including legal fees, arising from but not limited to property damage or loss, injury to my body, mental trauma, or death, and waive any such claims against any such persons or organizations arising directly or indirectly from, or attributable in any legal way to, any negligence or other action or omission to act of any such persons or organizations in connection with the sponsorship, organization or conduct of this bicycle event, including travel to or from this event, in which I may participate as a rider, club or team member, official, spectator or volunteer. I hereby waive all such claims which I have or may hereafter have against the above organizations or persons, however caused, even if such claims are caused by the acts of omission. I further understand and agree to expressly waive all rights under Section 1542 of the Civil Code which states that "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

I agree it is my sole responsibility to follow the route as marked and shown on the supplied map and table of directions. I understand and agree that situations may arise during a ride which may be beyond the control of the organizers of the event and that I must continually ride so as to endanger neither myself nor others. I accept responsibility for the condition and adequacy of my riding equipment. I understand that the organizers have required that I wear an ANSI, ASTM or Snell-approved helmet and that the responsibility for not wearing such a helmet while riding is mine. I have no physical or medical impediment to participation in this bicycle event.

I agree, for myself and my successors, that the above representations and agreements are contractually binding, are not mere recitals, and shall bind me and my successors for this event. I agree that should I or my successors assert any claim or bring any suit in violation of this agreement, I or any of my successors shall be liable for the expenses (including legal fees) incurred by the other party or parties in defending against such claim or suit. This agreement may not be modified orally, and a waiver of any provision shall not be construed as a modification of any provision herein or as a consent to any subsequent waiver or modification.

I have carefully read this entry and release form and fully understand its contents. I am aware this is a release of liability, a waiver of claims and agreement not to sue, and a contract between myself and the others described herein, and I sign it of my own free will.

**Parent or Guardian of a minor:** I, as parent or guardian of the below named minor, hereby give my permission for my child or ward to participate in the event, and further agree, individually and on behalf of my child or ward, to the terms of the above.

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

Entrant Name (please print) \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

MAIL THIS PAGE

## 2005 Mt. Hamilton Tours Application

Name \_\_\_\_\_ Local Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Bike Club Affiliation \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Ride Plans (please check)

Previous Mt. Hamiltons ridden:

\_\_\_\_\_ Challenge \_\_\_\_\_ Ascent

\_\_\_\_\_ Challenges \_\_\_\_\_ Ascents

**Entry Fees:** \$15 individual, \$25 for families sending all applications together, if received by April 22<sup>nd</sup>. Late registrations will be accepted on the morning of the ride with a \$10 penalty (\$25 individual, \$35 family).

Total Enclosed: \$ \_\_\_\_\_

Mail this application, and check or money order payable to Pedalera Bicycle Club, to:

**Pedalera Bicycle Club**

**P.O. Box 2630**

**Dublin, CA 94568**

**Safety Tip:** In the past, major injuries were caused by equipment falling into and jamming rear wheels. Fasten spares **securely** to your saddle or, better yet, carry loose gear in your jersey pockets or a handlebar bag.

**Don't forget to bring your food and helmet**

**MINORS! BRING YOUR SIGNED MEDICAL RELEASE (Do not mail)!**



**Pedalera Bicycle Club**

**P.O. Box 2630**

**Dublin, CA 94568**