



2005 MID-AMERICA TIME TRIAL SERIES

BONFIELD, IL 20K Individual

Saturday, May 21, 2005



Masters 60+ Grant

MATTS RACE CLASSES

ABILITY CATEGORIES

Cat. 1-2

Cat. 3

Cat. 4

Women Open

Women Cat 4

AGE GROUPS

Juniors 18 and under

Junior Girls 18 and under

Masters 30+

Masters 40+

Masters 50+

Masters 60+

Masters 65+

Masters 70+

Women 40+

Women 50+

Women 60+

COURSE: 20 Kilometers, Start line is on west side of Bonfield near the intersection of 2000N and 10000W, course goes west on 2000N to 14000W, north on 14000W to near 4300N, turn around, return south on 14000W to 2000N, east on 2000N to finish near start line. Elevation change is about 20 feet.

REGISTRATION:

Entry Fee: ABR Members \$17 or Day of race \$20, Juniors racing Junior category \$5.00, day of race \$5.00. ABR membership required, purchase one day \$4 or Annual \$20, Junior annual \$8.

Racers who chose to compete in more than one category may race a second time for an additional \$10.

Bonfield Residents: entry fee \$10.00, Juniors \$5.00.

To Pre-Register: Submit ABR Release Form with entry fee payable to: SDR-Bob Lundberg
4836 N. Kostner, Chicago, IL 60630
If we do not have your registration by Friday, May 20th you are not registered and you will need to register and pay entry fee on the day of the race.

Day of race registration: Will open at 7:30am inside the Lions Club Coffee Shop.

ADDITIONAL RACE CLASSES

JUNIOR 14 AND UNDER

*Junior under 14 compete for three place awards and will receive points in Junior Open or Junior Women age group for MATTS and ROTY overall prizes.

RECUMBENT BICYCLES

Three place awards.

SINGLE GEAR

Bicycles with one gear in front and one gear in back. Must have working brake. Three place awards.

Starting order: Is based on order of registration. First to register is first out. First rider will leave at 9:01am and others follow at one minute intervals.

AWARDS:

MATTS: Medals awarded five deep in all classes except Tandems and Juniors which are three deep.

1st place rider in each MATTS race class \$20 (must have minimum 3 riders in category or age group)

Points awarded towards 2005 MATTS \$5000 in overall Season cash prizes.

ROTY: Points awarded towards Wisconsin \ Illinois Association Rider of the Year



Rider entry raffle for Profile bars

Junior 14 and under: Medals awarded three places.

Recumbent: Medals awarded three places.

Single Gear: Medals awarded three places.

Overall Fastest Riders:

Fastest Man any class \$30, 2nd \$20, 3rd \$10.
Fastest Woman any class \$30, 2nd \$20, 3rd \$10.
No tandem or recumbent. One award per rider.

Neutral
Support



BIKE SHOP TOOLS

RECORDS to beat: Man: Pat Harper 26:46.61 Woman: Gail Viola 30:22.97

DIRECTIONS to BONFIELD: From route I 57 to Kankakee, take IL17 west 11.2 miles to road 9000W, north on 9000W 2 miles to 2000N, west on 2000N 1/2 mile to Lions Club Coffee Shop turn left to parking lot. Or from route I 55 towards Dwight, take IL17 east 22.2 miles to road 9000W, north on 9000W 2 miles to 2000N, west on 2000N 1/2 mile to Lions Club Coffee Shop turn left to parking lot.

Questions: email: abrlund@aol.com or website www.ambikerace.com or call 773-282-6029

PLEASE REMEMBER THAT WE ARE GUESTS OF THE FOLKS IN BONFIELD AND KANKAKEE COUNTY.