

RACERS, TRIATHLETES, AND ALL CYCLING ENTHUSIASTS WELCOME! CATEGORIES FOR ALL



*The ABD Cycle Club is proud to present
the 6th ANNUAL*



INDOOR TIME TRIAL SERIES (10k)

*Use your own bicycle on our computer-controlled simulators to race a 10k outdoor time trial,
without the wind, cold or traffic -- **JUST YOU, NO EXCUSES!***

*MEASURE YOUR PERFORMANCE IMPROVEMENTS IN SPEED, TIME AND WATTS!!
COMPARE YOUR RESULTS FROM ONE RACE TO THE NEXT, AGAINST YOURSELF AND OTHERS!!*

SERIES OPENER: SUN, January 16th, 2005 @ the Wheaton Park District, 1777 S. Blanchard

TT #2 - Sunday, February 6th, 2005 @ WPD

TT #3 - Sunday, February 27th, 2005 @ WPD

TT #4 - Saturday, March 19th, 2005 @ WPD

TT #5 - Sat, April 2nd @ THE CHICAGO BIKE SHOW ON NAVY PIER w/FREE PASS TO THE SHOW!

SERIES FINALE - Sunday, April 10th: JOHN FRASER MEMORIAL 10 MILE TT IN MAPLE PARK.

OVER \$3,000 IN PRIZES FOR DAILY & OVERALL WINNERS

FASTEST RIDER CHALLENGE: 3 FASTEST MEN AND WOMEN AT EACH EVENT: \$50/\$30/\$20

ALL PARTICIPANTS ELIGIBLE FOR PROFILE EQUIPMENT RAFFLE AT EACH EVENT!

3 BEST TIMES FROM INDOOR EVENTS AND THE OUTDOOR TT QUALIFY FOR OVERALL PRIZES.

BEST TIME OF THE INDOOR EVENTS GOES TOWARDS MATTS AND ROTY POINTS

Part of the 2005 Mid America Time Trial Series (MATTS) with over \$5,000 in Cash & Prizes

*SPONSORED BY: WHEATON PARK DISTRICT, PRAIRIE PATH CYCLES, ATHLETES BY DESIGN,
AND CHICAGO ATHLETE MAGAZINE*

PROMOTED BY: THE ABD CYCLE CLUB, HELD UNDER ABR EVENT PERMIT

**go to
www.prairiepathcycles.com
for more information and ONLINE registration!**

REGISTRATION FORM

2005 ABD CYCLE CLUB INDOOR/OUTDOOR TIME TRIAL SERIES

NAME: _____

ADDRESS: _____ Please indicate Club, if applicable:

PHONE #: _____

EMAIL: _____

PLEASE CIRCLE YOUR CATEGORY

ABR CATEGORIES		CITIZEN CATEGORIES (INELIGIBLE FOR MATTS)	
MEN CAT / Places	WOMEN CAT/ PLACES	MEN / PRIZES	WOMEN / PRIZES
JR. 15 & UNDER / 3*	JR. 15 & UNDER / 3*	JR. 15 & UNDER / 3	JR. 15 & UNDER / 3*
JR. 16 & OVER / 3 *	JR. 16 & OVER / 3 *	JR. 16 & OVER / 3	JR. 16 & OVER / 3 *
CAT 4 / 5	WOMEN 4 / 5	19-29 / 3	19-29 / 3
CAT 3 / 5	WOMEN OPEN / 5	30-39 / 3	30-39 / 3
CAT 1,2 / 5	MASTERS / 5	40-49 / 3	40-49 / 3
MASTERS / 5	40 +	50 + / 3	50 + / 3
30 + 60-64	50 +	RECUMBENTS MEN & WOMEN- JOHN FRASER EVENT ONLY	
40 + 65-69	60 +	* JUNIOR CATEGORIES ARE COMBINED FOR MATTS POINTS	
50 + 70 +	65 +	ROTY POINTS BASED OFF YOUR SINGLE FASTEST INDOOR	

PROMOTER RESERVES THE RIGHT TO COMBINE CATEGORIES

Please Confirm Category Here _____ Second Category if Racing Twice _____

ABR License # _____ (ABR sanctioned event, licenses can be purchased at the race)

Please circle the date or dates that you are registering for:

Indoor TT#1: SUN, January 16th @ the Wheaton Park District TT #2, SUN February 6th @ the WPD

TT #3, SUN February 27th @ the WPD TT #4, SAT March 19th @ the WPD

TT#5: Saturday, April 2nd @ NAVY PIER John Fraser Memorial 10 mile TT, April 10th

Desired Start Time* (please circle)

Choice #1 before 10:30 10:30-12:00 12:00-1:30 1:30-3:00 requested competiton(if applicable):

Choice #2 before 10:30 10:30-12:00 12:00-1:30 1:30-3:00 _____

**Requests for start times are taken in the order they are received. While we do our best to accomodate requests, we cannot guarantee specific start times. All starts will be posted on the ABD site the Wednesday prior to each event. John Fraser Memorial TT start times will be assigned in the order that registrations are received.*

Number of Races _____ x \$22 per race (\$12 for Juniors) = _____

2nd Race of Day _____ x \$17 per race = _____

QTY. REGISTRATION DISCOUNTS!!- register for any 4 races at once: \$80, race 5 indoors for \$100 and then race John Fraser TT FREE. (participation in all 5 indoors REQUIRED) = _____

TOTAL = _____

To register for the Time Trial Series, please send this form along with check payable to:
ABD Cycle Club, 229 Steeplechase Court, Schaumburg, IL 60173

For race information or to register online, go to www.prairiepathcycles.com
more info: e-mail mebert@prairiepathcycles.com or call 630-665-4872

Accident Waiver and Release of Liability ^{2/04}

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me or my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: American Bicycle Racing, Inc., their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns.

This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I hereby certify that I have read this document; and, I understand it's content.

Signature of entrant _____ ABR member number _____

Name of event _ABD 2005 Indoor Time Trial Series (circle events below you are registering for) Today's date _____

Date of event 1/16/05 TT #1 2/6/05 TT #2 2/27/05 TT #3 3/19/05 TT #4 4/2/05 TT #5 4/10/05 JFM TT

Name, printed _____

Your address _____ City, State & Zip _____

Your Phone Number _____ Email Address _____

Call in case of emergency _____ Phone _____

Category Entered _____ Racing age _____ Racing club _____

PARENT GUARDIAN WAIVER FOR MINORS (Under 18 Years Old)

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Signature of Parent of Guardian _____ Date _____